



# 2012 Good Food Box



The **Good Food Box** is a program for anyone wishing to purchase fresh fruits and vegetables at a low cost.

How does it work?

The **Community Kitchen Program of Calgary** buys top quality fresh fruit and vegetables directly from farmers and wholesale stores. Distribution overheads are subsidized and customers pay only the cost of the food itself.

Choose from 3 sizes:

- Small \$20 —> 20-25lbs
- Medium \$25 —> 30-35lbs
- Large \$30 —> 40-45lbs

**Cardel Place** is pleased to be a depot coordinator in collaboration with **Harvest Hills Alliance Church**.

## 2012 GOOD FOOD BOX SCHEDULE

PLACE ORDER BY....	PICK UP ORDER ON ...
Cardel Place 11950 Country Village Link NE See Guest Services <b>CASH ONLY</b>	Harvest Hills Alliance Church 10099 Harvest Hills Blvd NW <b>2:00 PM - 4:00 PM</b> <b>RECEIPT REQUIRED</b>
Monday, January 23	Thursday, February 2
Monday, March 5	Thursday, March 15
Monday, April 16	Thursday, April 26
Monday, May 21	Thursday, May 31
Monday, June 18	Thursday, June 28
Monday, September 3	Thursday, September 13
Monday, October 8	Thursday, October 18
Monday, November 12	Thursday, November 22

For more information visit [www.communitykitchenprogram.com](http://www.communitykitchenprogram.com) or call 403-567-4480.