

INFANT SWIMMING RESOURCE

Infant Swimming Resource (6M-6Y)

Cardel Place is proud to be the first facility in Canada to offer the Infant Swimming Resource (ISR) program. ISR teaches babies (6m-12m) how to orient themselves in the water and to roll to a back float position to rest and breathe. Children 13M-6Y are taught to swim for a short distance then roll into a back float position to breathe, to turn back over to swim again in search of an exit and to perform this swim-float-swim sequence as many times as necessary until they are able to get themselves out of the water. For more information visit www.infantswim.com. Call 403-831-2591 to obtain schedule and pricing information or to register your infant/child today.

RED CROSS SWIM LESSONS



Red Cross Starfish (4M-18M)

Orientation to water for babies and their parent/caregiver. Babies experience buoyancy and movement in the water. Parents/caregivers learn age-specific water safety. Participation based only (no formal evaluation). Babies must be able to hold their head up.

Sa	Sep 11-Oct 30	09:00 AM-09:30 AM	\$50/8	[18459]
Sa	Sep 11-Oct 30	10:00 AM-10:30 AM	\$50/8	[18460]
Sa	Sep 11-Oct 30	11:00 AM-11:30 AM	\$50/8	[18461]
Su	Sep 12-Oct 31	09:00 AM-09:30 AM	\$50/8	[18462]
Su	Sep 12-Oct 31	10:00 AM-10:30 AM	\$50/8	[18463]
Tu	Sep 14-Nov 2	09:00 AM-09:30 AM	\$50/8	[18453]
Tu	Sep 14-Nov 2	11:00 AM-11:30 AM	\$50/8	[18455]
Th	Sep 16-Nov 4	09:30 AM-10:00 AM	\$50/8	[18456]
F	Sep 17-Nov 5	10:00 AM-10:30 AM	\$50/8	[18464]
F	Sep 17-Nov 5	11:00 AM-11:30 AM	\$50/8	[18465]
Sa	Nov 6-Dec 18	09:00 AM-09:30 AM	\$44/7	[18469]
Sa	Nov 6-Dec 18	11:00 AM-11:30 AM	\$44/7	[18466]
Su	Nov 7-Dec 19	09:00 AM-09:30 AM	\$44/7	[18467]
Su	Nov 7-Dec 19	10:00 AM-10:30 AM	\$44/7	[18468]
Tu	Nov 9-Dec 21	09:00 AM-09:30 AM	\$44/7	[18454]
Tu	Nov 9-Dec 21	11:00 AM-11:30 AM	\$44/7	[18457]
F	Nov 12-Dec 17	10:00 AM-10:30 AM	\$36/6	[18471]
F	Nov 12-Dec 17	11:00 AM-11:30 AM	\$36/6	[18470]
Th	Nov 18-Dec 23	09:30 AM-10:00 AM	\$36/6	[18458]
Sa	Jan 8-Feb 26	09:00 AM-09:30 AM	\$50/8	[19230]
Sa	Jan 8-Feb 26	10:00 AM-10:30 AM	\$50/8	[19231]
Sa	Jan 8-Feb 26	11:00 AM-11:30 AM	\$50/8	[19232]
Su	Jan 9-Feb 27	09:00 AM-09:30 AM	\$50/8	[19233]

Aquatics

Su	Jan 9-Feb 27	10:00 AM-10:30 AM	\$50/8	[19234]
Tu	Jan 11-Mar 1	09:00 AM-09:30 AM	\$50/8	[19224]
Tu	Jan 11-Mar 1	11:00 AM-11:30 AM	\$50/8	[19226]
Th	Jan 13-Mar 3	09:30 AM-10:00 AM	\$50/8	[19227]
F	Jan 14-Mar 4	10:00 AM-10:30 AM	\$50/8	[19235]
F	Jan 14-Mar 4	11:00 AM-11:30 AM	\$50/8	[19236]
Sa	Mar 5-Apr 16	09:00 AM-09:30 AM	\$44/7	[19240]
Sa	Mar 5-Apr 16	11:00 AM-11:30 AM	\$44/7	[19237]
Su	Mar 6-Apr 17	09:00 AM-09:30 AM	\$44/7	[19238]
Su	Mar 6-Apr 17	10:00 AM-10:30 AM	\$44/7	[19239]
Tu	Mar 8-Apr 19	09:00 AM-09:30 AM	\$44/7	[19225]
Tu	Mar 8-Apr 19	11:00 AM-11:30 AM	\$44/7	[19228]
F	Mar 11-Apr 15	10:00 AM-10:30 AM	\$36/6	[19242]
F	Mar 11-Apr 15	11:00 AM-11:30 AM	\$36/6	[19241]
Th	Mar 10-Apr 21	09:30 AM-10:00 AM	\$36/6	[19229]



Red Cross Duck (18M-36M)

Orientation to water for babies and their parent/caregiver. Babies experience buoyancy and movement in the water. Parents/caregivers learn age-specific water safety. Participation-based only (no formal evaluation). Babies must be able to hold their head up.

Sa	Sep 11-Oct 30	09:30 AM-10:00 AM	\$50/8	[18480]
Sa	Sep 11-Oct 30	10:00 AM-10:30 AM	\$50/8	[18481]
Sa	Sep 11-Oct 30	10:30 AM-11:00 AM	\$50/8	[18494]
Su	Sep 12-Oct 31	09:30 AM-10:00 AM	\$50/8	[18482]
Su	Sep 12-Oct 31	10:45 AM-11:15 AM	\$50/8	[18483]
Su	Sep 12-Oct 31	11:30 AM-12:00 PM	\$50/8	[18495]
Tu	Sep 14-Nov 2	11:30 AM-12:00 PM	\$50/8	[18472]
Tu	Sep 14-Nov 2	05:00 PM-05:30 PM	\$50/8	[18473]
W	Sep 15-Nov 3	04:30 PM-05:00 PM	\$50/8	[18475]
W	Sep 15-Nov 3	05:30 PM-06:00 PM	\$50/8	[18474]
Th	Sep 16-Nov 4	09:00 AM-09:30 AM	\$50/8	[18476]
Th	Sep 16-Nov 4	10:30 AM-11:00 AM	\$50/8	[18477]
Th	Sep 16-Nov 4	05:30 PM-06:00 PM	\$50/8	[18478]
F	Sep 17-Nov 5	10:30 AM-11:00 AM	\$50/8	[18496]
F	Sep 17-Nov 5	11:30 AM-12:00 PM	\$50/8	[18497]
Sa	Nov 6-Dec 18	09:30 AM-10:00 AM	\$44/7	[18490]
Sa	Nov 6-Dec 18	10:00 AM-10:30 AM	\$44/7	[18498]
Sa	Nov 6-Dec 18	10:30 AM-11:00 AM	\$44/7	[18491]
Su	Nov 7-Dec 19	09:30 AM-10:00 AM	\$44/7	[18492]
Su	Nov 7-Dec 19	10:45 AM-11:15 AM	\$44/7	[18493]
Su	Nov 7-Dec 19	11:30 AM-12:00 PM	\$44/7	[18499]
Tu	Nov 9-Dec 21	11:30 AM-12:00 PM	\$44/7	[18479]

Tu	Nov 9-Dec 21	05:00 PM-05:30 PM	\$44/7	[18484]
W	Nov 10-Dec 15	04:30 PM-05:00 PM	\$36/6	[18486]
W	Nov 10-Dec 22	05:30 PM-06:00 PM	\$36/7	[18485]
F	Nov 12-Dec 17	10:30 AM-11:00 AM	\$36/6	[18500]
F	Nov 12-Dec 17	11:30 AM-12:00 PM	\$36/6	[18501]
Th	Nov 18-Dec 23	09:00 AM-09:30 AM	\$36/6	[18487]
Th	Nov 18-Dec 23	10:30 AM-11:00 AM	\$36/6	[18488]
Th	Nov 18-Dec 23	05:30 PM-06:00 PM	\$36/6	[18489]
Sa	Jan 8-Feb 26	09:30 AM-10:00 AM	\$50/8	[19251]
Sa	Jan 8-Feb 26	10:00 AM-10:30 AM	\$50/8	[19252]
Sa	Jan 8-Feb 26	10:30 AM-11:00 AM	\$50/8	[19265]
Su	Jan 9-Feb 27	09:30 AM-10:00 AM	\$50/8	[19253]
Su	Jan 9-Feb 27	10:45 AM-11:15 AM	\$50/8	[19254]
Su	Jan 9-Feb 27	11:30 AM-12:00 PM	\$50/8	[19266]
Tu	Jan 11-Mar 1	11:30 AM-12:00 PM	\$50/8	[19243]
Tu	Jan 11-Mar 1	05:00 PM-05:30 PM	\$50/8	[19244]
W	Jan 12-Mar 2	04:30 PM-05:00 PM	\$50/8	[19246]
W	Jan 12-Mar 2	05:30 PM-06:00 PM	\$50/8	[19245]
Th	Jan 13-Mar 3	09:00 AM-09:30 AM	\$50/8	[19247]
Th	Jan 13-Mar 3	10:30 AM-11:00 AM	\$50/8	[19248]
Th	Jan 13-Mar 3	05:30 PM-06:00 PM	\$50/8	[19249]
F	Jan 14-Mar 4	10:30 AM-11:00 AM	\$50/8	[19267]
F	Jan 14-Mar 4	11:30 AM-12:00 PM	\$50/8	[19268]
Sa	Mar 5-Apr 16	09:30 AM-10:00 AM	\$44/7	[19261]
Sa	Mar 5-Apr 16	10:00 AM-10:30 AM	\$44/7	[19269]
Sa	Mar 5-Apr 16	10:30 AM-11:00 AM	\$44/7	[19262]
Su	Mar 6-Apr 17	09:30 AM-10:00 AM	\$44/7	[19263]
Su	Mar 6-Apr 17	10:45 AM-11:15 AM	\$44/7	[19264]
Su	Mar 6-Apr 17	11:30 AM-12:00 PM	\$44/7	[19270]
Tu	Mar 8-Apr 19	11:30 AM-12:00 PM	\$44/7	[19250]
Tu	Mar 8-Apr 19	05:00 PM-05:30 PM	\$44/7	[19255]
W	Mar 9-Apr 13	04:30 PM-05:00 PM	\$36/6	[19257]
W	Mar 9-Apr 13	05:30 PM-06:00 PM	\$36/6	[19256]
Th	Mar 10-Apr 14	09:00 AM-09:30 AM	\$36/6	[19258]
Th	Mar 10-Apr 14	10:30 AM-11:00 AM	\$36/6	[19259]
Th	Mar 10-Apr 14	05:30 PM-06:00 PM	\$36/6	[19260]
F	Mar 11-Apr 15	10:30 AM-11:00 AM	\$36/6	[19271]
F	Mar 11-Apr 15	11:30 AM-12:00 PM	\$36/6	[19272]



Red Cross Sea Turtle (3Y-5Y)

Transitional level where the parent/caregiver can leave the water and transfer the preschooler to the care of a Swim Instructor. Swimmers learn how to kick, jump into chest-deep water, hold their breath and blow bubbles under water. Safety skills include awareness of deep water and safe entries.

Aquatics

Sa	Sep 11-Oct 30	08:30 AM-09:00 AM	\$56/8	[18530]
Sa	Sep 11-Oct 30	09:00 AM-09:30 AM	\$56/8	[18529]
Sa	Sep 11-Oct 30	10:15 AM-10:45 AM	\$56/8	[18526]
Sa	Sep 11-Oct 30	11:00 AM-11:30 AM	\$56/8	[18527]
Sa	Sep 11-Oct 30	11:30 AM-12:00 PM	\$56/8	[18528]
Su	Sep 12-Oct 31	09:00 AM-09:30 AM	\$56/8	[18531]
Su	Sep 12-Oct 31	09:15 AM-09:45 AM	\$56/8	[18532]
Su	Sep 12-Oct 31	09:45 AM-10:15 AM	\$56/8	[18533]
Su	Sep 12-Oct 31	10:30 AM-11:00 AM	\$56/8	[18534]
Su	Sep 12-Oct 31	11:30 AM-12:00 PM	\$56/8	[18535]
M	Sep 13-Oct 25	05:15 PM-05:45 PM	\$49/7	[18502]
M	Sep 13-Nov 1	06:15 PM-06:45 PM	\$49/8	[18503]
M	Sep 13-Nov 1	06:45 PM-07:15 PM	\$49/8	[18572]
M	Sep 13-Nov 1	07:00 PM-07:30 PM	\$49/8	[18573]
Tu	Sep 14-Nov 2	09:30 AM-10:00 AM	\$56/8	[18504]
Tu	Sep 14-Nov 2	10:00 AM-10:30 AM	\$56/8	[18505]
Tu	Sep 14-Nov 2	11:00 AM-11:30 AM	\$56/8	[18506]
Tu	Sep 14-Nov 2	12:00 PM-12:30 PM	\$56/8	[18507]
Tu	Sep 14-Nov 2	04:00 PM-04:30 PM	\$56/8	[18508]
Tu	Sep 14-Nov 2	05:00 PM-05:30 PM	\$56/8	[18564]
Tu	Sep 14-Nov 2	05:15 PM-05:45 PM	\$56/8	[18565]
Tu	Sep 14-Nov 2	05:30 PM-06:00 PM	\$56/8	[18509]
Tu	Sep 14-Nov 2	06:00 PM-06:30 PM	\$56/8	[18510]
W	Sep 15-Nov 3	04:30 PM-05:00 PM	\$56/8	[18511]
W	Sep 15-Nov 3	05:00 PM-05:30 PM	\$56/8	[18536]
W	Sep 15-Nov 3	05:30 PM-06:00 PM	\$56/8	[18567]
W	Sep 15-Nov 3	06:00 PM-06:30 PM	\$56/8	[18512]
Th	Sep 16-Nov 4	09:00 AM-09:30 AM	\$56/8	[18513]
Th	Sep 16-Nov 4	09:30 AM-10:00 AM	\$56/8	[18514]
Th	Sep 16-Nov 4	10:00 AM-10:30 AM	\$56/8	[18515]
Th	Sep 16-Nov 4	11:00 AM-11:30 AM	\$56/8	[18516]
Th	Sep 16-Nov 4	12:00 PM-12:30 PM	\$56/8	[18517]



Aquatics

Th	Sep 16-Nov 4	04:00 PM-04:30 PM	\$56/8	[18518]
Th	Sep 16-Nov 4	04:30 PM-05:00 PM	\$56/8	[18568]
Th	Sep 16-Nov 4	05:00 PM-05:30 PM	\$56/8	[18569]
Th	Sep 16-Nov 4	05:30 PM-06:00 PM	\$56/8	[18519]
F	Sep 17-Nov 5	09:00 AM-09:30 AM	\$56/8	[18570]
F	Sep 17-Nov 5	09:30 AM-10:00 AM	\$56/8	[18571]
F	Sep 17-Nov 5	10:30 AM-11:00 AM	\$56/8	[18584]
F	Sep 17-Nov 5	11:30 AM-12:00 PM	\$56/8	[18585]
F	Sep 17-Nov 5	05:15 PM-05:45 PM	\$56/8	[18525]
F	Sep 17-Nov 5	05:45 PM-06:15 PM	\$56/8	[18586]
F	Sep 17-Nov 5	06:15 PM-06:45 PM	\$56/8	[18577]
Sa	Nov 6-Dec 18	08:30 AM-09:00 AM	\$49/7	[18557]
Sa	Nov 6-Dec 18	09:00 AM-09:30 AM	\$49/7	[18556]
Sa	Nov 6-Dec 18	10:15 AM-10:45 AM	\$49/7	[18553]
Sa	Nov 6-Dec 18	11:00 AM-11:30 AM	\$49/7	[18554]
Sa	Nov 6-Dec 18	11:30 AM-12:00 PM	\$49/7	[18555]
Su	Nov 7-Dec 19	09:00 AM-09:30 AM	\$49/7	[18558]
Su	Nov 7-Dec 19	09:15 AM-09:45 AM	\$49/7	[18559]
Su	Nov 7-Dec 19	09:45 AM-10:15 AM	\$49/7	[18560]
Su	Nov 7-Dec 19	10:30 AM-11:00 AM	\$49/7	[18561]
Su	Nov 7-Dec 19	11:30 AM-12:00 PM	\$49/7	[18562]
M	Nov 8-Dec 20	05:15 PM-05:45 PM	\$49/7	[18521]
M	Nov 8-Dec 20	06:15 PM-06:45 PM	\$49/7	[18587]
M	Nov 8-Dec 20	06:45 PM-07:15 PM	\$49/7	[18578]
M	Nov 8-Dec 20	07:00 PM-07:30 PM	\$49/7	[18579]
Tu	Nov 9-Dec 21	09:30 AM-10:00 AM	\$49/7	[18522]
Tu	Nov 9-Dec 21	10:00 AM-10:30 AM	\$49/7	[18524]
Tu	Nov 9-Dec 21	11:00 AM-11:30 AM	\$49/7	[18537]
Tu	Nov 9-Dec 21	12:00 PM-12:30 PM	\$49/7	[18538]
Tu	Nov 9-Dec 21	04:00 PM-04:30 PM	\$49/7	[18539]
Tu	Nov 9-Dec 21	05:00 PM-05:30 PM	\$49/7	[18540]
Tu	Nov 9-Dec 21	05:15 PM-05:45 PM	\$49/7	[18551]
Tu	Nov 9-Dec 21	06:00 PM-06:30 PM	\$49/7	[18541]
W	Nov 10-Dec 22	04:30 PM-05:00 PM	\$42/7	[18542]
W	Nov 10-Dec 22	05:00 PM-05:30 PM	\$42/7	[18563]
W	Nov 10-Dec 22	05:30 PM-06:00 PM	\$42/7	[18580]
W	Nov 10-Dec 22	06:00 PM-06:30 PM	\$42/7	[18543]
Th	Nov 11-Dec 16	10:00 AM-10:30 AM	\$42/6	[18546]
F	Nov 12-Dec 17	09:00 AM-09:30 AM	\$42/6	[18588]
F	Nov 12-Dec 17	09:30 AM-10:00 AM	\$42/6	[18589]
F	Nov 12-Dec 17	10:30 AM-11:00 AM	\$42/6	[18590]
F	Nov 12-Dec 17	11:30 AM-12:00 PM	\$42/6	[18591]
F	Nov 12-Dec 17	05:15 PM-05:45 PM	\$42/6	[18552]
F	Nov 12-Dec 17	05:45 PM-06:15 PM	\$42/6	[18592]
F	Nov 12-Dec 17	06:15 PM-06:45 PM	\$42/6	[18583]
Th	Nov 18-Dec 23	09:00 AM-09:30 AM	\$42/6	[18544]

Aquatics

Th	Nov 18-Dec 23	09:30 AM-10:00 AM	\$42/6	[18545]
Th	Nov 18-Dec 23	11:00 AM-11:30 AM	\$42/6	[18547]
Th	Nov 18-Dec 23	12:00 PM-12:30 PM	\$42/6	[18548]
Th	Nov 18-Dec 23	04:00 PM-04:30 PM	\$42/6	[18549]
Th	Nov 18-Dec 23	04:30 PM-05:00 PM	\$42/6	[18550]
Th	Nov 18-Dec 23	05:00 PM-05:30 PM	\$42/6	[18581]
Th	Nov 18-Dec 23	05:30 PM-06:00 PM	\$42/6	[18582]
Sa	Jan 8-Feb 26	08:30 AM-09:00 AM	\$56/8	[19301]
Sa	Jan 8-Feb 26	09:00 AM-09:30 AM	\$56/8	[19300]
Sa	Jan 8-Feb 26	10:15 AM-10:45 AM	\$56/8	[19297]
Sa	Jan 8-Feb 26	11:00 AM-11:30 AM	\$56/8	[19298]
Sa	Jan 8-Feb 26	11:30 AM-12:00 PM	\$56/8	[19299]
Su	Jan 9-Feb 27	09:00 AM-09:30 AM	\$56/8	[19302]
Su	Jan 9-Feb 27	09:15 AM-09:45 AM	\$56/8	[19303]
Su	Jan 9-Feb 27	09:45 AM-10:15 AM	\$56/8	[19305]
Su	Jan 9-Feb 27	10:30 AM-11:00 AM	\$56/8	[19307]
Su	Jan 9-Feb 27	11:30 AM-12:00 PM	\$56/8	[19308]
M	Jan 10-Feb 21	05:15 PM-05:45 PM	\$49/7	[19273]
M	Jan 10-Feb 28	06:15 PM-06:45 PM	\$49/8	[19274]
M	Jan 10-Feb 28	06:45 PM-07:15 PM	\$49/8	[19345]
M	Jan 10-Feb 28	07:00 PM-07:30 PM	\$49/8	[19346]
Tu	Jan 11-Mar 1	09:30 AM-10:00 AM	\$56/8	[19275]
Tu	Jan 11-Mar 1	10:00 AM-10:30 AM	\$56/8	[19276]
Tu	Jan 11-Mar 1	11:00 AM-11:30 AM	\$56/8	[19277]
Tu	Jan 11-Mar 1	12:00 PM-12:30 PM	\$56/8	[19278]
Tu	Jan 11-Mar 1	04:00 PM-04:30 PM	\$56/8	[19279]
Tu	Jan 11-Mar 1	05:00 PM-05:30 PM	\$56/8	[19337]
Tu	Jan 11-Mar 1	05:15 PM-05:45 PM	\$56/8	[19338]
Tu	Jan 11-Mar 1	05:30 PM-06:00 PM	\$56/8	[19280]
Tu	Jan 11-Mar 1	06:00 PM-06:30 PM	\$56/8	[19281]
W	Jan 12-Mar 2	04:30 PM-05:00 PM	\$56/8	[19282]
W	Jan 12-Mar 2	05:00 PM-05:30 PM	\$56/8	[19309]
W	Jan 12-Mar 2	05:30 PM-06:00 PM	\$56/8	[19340]
W	Jan 12-Mar 2	06:00 PM-06:30 PM	\$56/8	[19283]
Th	Jan 13-Mar 3	09:00 AM-09:30 AM	\$56/8	[19284]
Th	Jan 13-Mar 3	09:30 AM-10:00 AM	\$56/8	[19285]
Th	Jan 13-Mar 3	10:00 AM-10:30 AM	\$56/8	[19286]
Th	Jan 13-Mar 3	11:00 AM-11:30 AM	\$56/8	[19287]
Th	Jan 13-Mar 3	12:00 PM-12:30 PM	\$56/8	[19288]
Th	Jan 13-Mar 3	04:00 PM-04:30 PM	\$56/8	[19289]
Th	Jan 13-Mar 3	04:30 PM-05:00 PM	\$56/8	[19341]
Th	Jan 13-Mar 3	05:00 PM-05:30 PM	\$56/8	[19342]
Th	Jan 13-Mar 3	05:30 PM-06:00 PM	\$56/8	[19290]
F	Jan 14-Mar 4	09:00 AM-09:30 AM	\$56/8	[19343]
F	Jan 14-Mar 4	09:30 AM-10:00 AM	\$56/8	[19344]
F	Jan 14-Mar 4	10:30 AM-11:00 AM	\$56/8	[19357]

Aquatics

F	Jan 14-Mar 4	11:30 AM-12:00 PM	\$56/8	[19358]
F	Jan 14-Mar 4	05:15 PM-05:45 PM	\$56/8	[19296]
F	Jan 14-Mar 4	05:45 PM-06:15 PM	\$56/8	[19359]
F	Jan 14-Mar 4	06:15 PM-06:45 PM	\$56/8	[19350]
Sa	Mar 5-Apr 16	08:30 AM-09:00 AM	\$49/7	[19330]
Sa	Mar 5-Apr 16	09:00 AM-09:30 AM	\$49/7	[19329]
Sa	Mar 5-Apr 16	10:15 AM-10:45 AM	\$49/7	[19326]
Sa	Mar 5-Apr 16	11:00 AM-11:30 AM	\$49/7	[19327]
Sa	Mar 5-Apr 16	11:30 AM-12:00 PM	\$49/7	[19328]
Su	Mar 6-Apr 17	09:00 AM-09:30 AM	\$49/7	[19331]
Su	Mar 6-Apr 17	09:15 AM-09:45 AM	\$49/7	[19332]
Su	Mar 6-Apr 17	09:45 AM-10:15 AM	\$49/7	[19333]
Su	Mar 6-Apr 17	10:30 AM-11:00 AM	\$49/7	[19334]
Su	Mar 6-Apr 17	11:30 AM-12:00 PM	\$49/7	[19335]
M	Mar 7-Apr 18	05:15 PM-05:45 PM	\$49/7	[19292]
M	Mar 7-Apr 18	06:15 PM-06:45 PM	\$49/7	[19360]
M	Mar 7-Apr 18	06:45 PM-07:15 PM	\$49/7	[19351]
M	Mar 7-Apr 18	07:00 PM-07:30 PM	\$49/7	[19352]
Tu	Mar 8-Apr 19	09:30 AM-10:00 AM	\$49/7	[19293]
Tu	Mar 8-Apr 19	10:00 AM-10:30 AM	\$49/7	[19295]
Tu	Mar 8-Apr 19	11:00 AM-11:30 AM	\$49/7	[19310]
Tu	Mar 8-Apr 19	12:00 PM-12:30 PM	\$49/7	[19311]
Tu	Mar 8-Apr 19	04:00 PM-04:30 PM	\$49/7	[19312]
Tu	Mar 8-Apr 19	05:00 PM-05:30 PM	\$49/7	[19313]
Tu	Mar 8-Apr 19	05:15 PM-05:45 PM	\$49/7	[19324]
Tu	Mar 8-Apr 19	06:00 PM-06:30 PM	\$49/7	[19314]
W	Mar 9-Apr 27	04:30 PM-05:00 PM	\$42/8	[19315]
W	Mar 9-Apr 13	05:00 PM-05:30 PM	\$42/6	[19336]
W	Mar 9-Apr 27	05:30 PM-06:00 PM	\$42/8	[19353]
W	Mar 9-Apr 27	06:00 PM-06:30 PM	\$42/8	[19316]
Th	Mar 10-Apr 28	09:00 AM-09:30 AM	\$42/8	[19317]
Th	Mar 10-Apr 28	09:30 AM-10:00 AM	\$42/8	[19318]
Th	Mar 10-Apr 14	10:00 AM-10:30 AM	\$42/6	[19319]
Th	Mar 10-Apr 28	11:00 AM-11:30 AM	\$42/8	[19320]
Th	Mar 10-Apr 28	12:00 PM-12:30 PM	\$42/8	[19321]
Th	Mar 10-Apr 28	04:00 PM-04:30 PM	\$42/8	[19322]
Th	Mar 10-Apr 28	04:30 PM-05:00 PM	\$42/8	[19323]
Th	Mar 10-Apr 28	05:00 PM-05:30 PM	\$42/8	[19354]
Th	Mar 10-Apr 28	05:30 PM-06:00 PM	\$42/8	[19355]
F	Mar 11-Apr 15	09:00 AM-09:30 AM	\$42/6	[19361]
F	Mar 11-Apr 15	09:30 AM-10:00 AM	\$42/6	[19362]
F	Mar 11-Apr 15	10:30 AM-11:00 AM	\$42/6	[19363]
F	Mar 11-Apr 15	11:30 AM-12:00 PM	\$42/6	[19364]
F	Mar 11-Apr 15	05:15 PM-05:45 PM	\$42/6	[19325]
F	Mar 11-Apr 15	05:45 PM-06:15 PM	\$42/6	[19365]
F	Mar 11-Apr 15	06:15 PM-06:45 PM	\$42/6	[19356]

Aquatics



Red Cross Salamander (3Y-5Y)

Swimmers learn to swim 2m, stay afloat for 5 seconds, open eyes under water, float without assistance and jump into chest-deep water. Safety skills include choosing floating objects for assistance and using a Personal Flotation Device (PFD).

Sa	Sep 11-Oct 30	09:00 AM-09:30 AM	\$56/8	[18614]
Sa	Sep 11-Oct 30	09:15 AM-09:45 AM	\$56/8	[18675]
Sa	Sep 11-Oct 30	09:30 AM-10:00 AM	\$56/8	[18615]
Sa	Sep 11-Oct 30	10:00 AM-10:30 AM	\$56/8	[18616]
Sa	Sep 11-Oct 30	10:30 AM-11:00 AM	\$56/8	[18617]
Sa	Sep 11-Oct 30	10:45 AM-11:15 AM	\$56/8	[18676]
Sa	Sep 11-Oct 30	11:00 AM-11:30 AM	\$56/8	[18618]
Sa	Sep 11-Oct 30	11:30 AM-12:00 PM	\$56/8	[18619]
Su	Sep 12-Oct 31	08:30 AM-09:00 AM	\$56/8	[18677]
Su	Sep 12-Oct 31	08:45 AM-09:15 AM	\$56/8	[18637]
Su	Sep 12-Oct 31	09:30 AM-10:00 AM	\$56/8	[18621]
Su	Sep 12-Oct 31	10:00 AM-10:30 AM	\$56/8	[18622]
Su	Sep 12-Oct 31	10:15 AM-10:45 AM	\$56/8	[18623]
Su	Sep 12-Oct 31	10:30 AM-11:00 AM	\$56/8	[18679]
Su	Sep 12-Oct 31	11:00 AM-11:30 AM	\$56/8	[18624]
M	Sep 13-Oct 25	04:45 PM-05:15 PM	\$49/7	[18630]
M	Sep 13-Oct 25	05:45 PM-06:15 PM	\$49/7	[18593]
M	Sep 13-Oct 25	06:00 PM-06:30 PM	\$49/7	[18631]
M	Sep 13-Oct 25	06:45 PM-07:15 PM	\$49/7	[18594]
Tu	Sep 14-Nov 2	09:00 AM-09:30 AM	\$56/8	[18595]



Aquatics

Tu	Sep 14-Nov 2	09:30 AM-10:00 AM	\$56/8	[18609]
Tu	Sep 14-Nov 2	10:30 AM-11:00 AM	\$56/8	[18596]
Tu	Sep 14-Nov 2	12:00 PM-12:30 PM	\$56/8	[18597]
Tu	Sep 14-Nov 2	04:30 PM-05:00 PM	\$56/8	[18598]
Tu	Sep 14-Nov 2	05:30 PM-06:00 PM	\$56/8	[18599]
Tu	Sep 14-Nov 2	06:00 PM-06:30 PM	\$56/8	[18600]
W	Sep 15-Nov 3	04:30 PM-05:00 PM	\$56/8	[18601]
W	Sep 15-Nov 3	05:00 PM-05:30 PM	\$56/8	[18602]
W	Sep 15-Nov 3	05:30 PM-06:00 PM	\$56/8	[18632]
W	Sep 15-Nov 3	06:00 PM-06:30 PM	\$56/8	[18633]
Th	Sep 16-Nov 4	10:30 AM-11:00 AM	\$56/8	[18604]
Th	Sep 16-Nov 4	11:00 AM-11:30 AM	\$56/8	[18603]
Th	Sep 16-Nov 4	11:30 AM-12:00 PM	\$56/8	[18634]
Th	Sep 16-Nov 4	12:00 PM-12:30 PM	\$56/8	[18605]
Th	Sep 16-Nov 4	04:30 PM-05:00 PM	\$56/8	[18608]
Th	Sep 16-Nov 4	05:00 PM-05:30 PM	\$56/8	[18607]
Th	Sep 16-Nov 4	05:30 PM-06:00 PM	\$56/8	[18606]
Th	Sep 16-Nov 4	06:00 PM-06:30 PM	\$56/8	[18670]
F	Sep 17-Nov 5	09:00 AM-09:30 AM	\$56/8	[18671]
F	Sep 17-Nov 5	09:30 AM-10:00 AM	\$56/8	[18672]
F	Sep 17-Nov 5	10:00 AM-10:30 AM	\$56/8	[18673]
F	Sep 17-Nov 5	12:00 PM-12:30 PM	\$56/8	[18674]
F	Sep 17-Nov 5	05:15 PM-05:45 PM	\$56/8	[18636]
F	Sep 17-Nov 5	05:45 PM-06:15 PM	\$56/8	[18613]
Sa	Nov 6-Dec 18	09:00 AM-09:30 AM	\$49/7	[18649]
Sa	Nov 6-Dec 18	09:15 AM-09:45 AM	\$49/7	[18650]
Sa	Nov 6-Dec 18	10:00 AM-10:30 AM	\$49/7	[18651]
Sa	Nov 6-Dec 18	10:30 AM-11:00 AM	\$49/7	[18652]
Sa	Nov 6-Dec 18	10:45 AM-11:15 AM	\$49/7	[18653]
Sa	Nov 6-Dec 18	11:30 AM-12:00 PM	\$49/7	[18654]
Su	Nov 7-Dec 19	08:30 AM-09:00 AM	\$49/7	[18655]
Su	Nov 7-Dec 19	08:45 AM-09:15 AM	\$49/7	[18660]
Su	Nov 7-Dec 19	09:30 AM-10:00 AM	\$49/7	[18656]
Su	Nov 7-Dec 19	10:00 AM-10:30 AM	\$49/7	[18657]
Su	Nov 7-Dec 19	10:15 AM-10:45 AM	\$49/7	[18658]
Su	Nov 7-Dec 19	10:30 AM-11:00 AM	\$49/7	[18661]
Su	Nov 7-Dec 19	11:00 AM-11:30 AM	\$49/7	[18659]
M	Nov 8-Dec 20	04:45 PM-05:15 PM	\$49/7	[18662]
M	Nov 8-Dec 20	05:45 PM-06:15 PM	\$49/7	[18610]
M	Nov 8-Dec 20	06:00 PM-06:30 PM	\$49/7	[18663]
M	Nov 8-Dec 20	06:45 PM-07:15 PM	\$49/7	[18611]
Tu	Nov 9-Dec 21	09:00 AM-09:30 AM	\$49/7	[18612]
Tu	Nov 9-Dec 21	09:30 AM-10:00 AM	\$49/7	[18647]
Tu	Nov 9-Dec 21	10:30 AM-11:00 AM	\$49/7	[18627]

Aquatics

Tu	Nov 9-Dec 21	12:00 PM-12:30 PM	\$49/7	[18628]
Tu	Nov 9-Dec 21	04:30 PM-05:00 PM	\$49/7	[18629]
Tu	Nov 9-Dec 21	05:30 PM-06:00 PM	\$49/7	[18635]
Tu	Nov 9-Dec 21	06:00 PM-06:30 PM	\$49/7	[18638]
W	Nov 10-Dec 29	04:30 PM-05:00 PM	\$42/8	[18639]
W	Nov 10-Dec 29	05:00 PM-05:30 PM	\$42/8	[18640]
W	Nov 10-Dec 29	05:30 PM-06:00 PM	\$42/8	[18664]
W	Nov 10-Dec 29	06:00 PM-06:30 PM	\$42/8	[18665]
F	Nov 12-Dec 17	09:00 AM-09:30 AM	\$42/6	[18682]
F	Nov 12-Dec 17	09:30 AM-10:00 AM	\$42/6	[18683]
F	Nov 12-Dec 17	10:00 AM-10:30 AM	\$42/6	[18684]
F	Nov 12-Dec 17	12:00 PM-12:30 PM	\$42/6	[18685]
F	Nov 12-Dec 17	05:15 PM-05:45 PM	\$42/6	[18667]
F	Nov 12-Dec 17	05:45 PM-06:15 PM	\$42/6	[18648]
Th	Nov 18-Dec 23	10:30 AM-11:00 AM	\$42/6	[18642]
Th	Nov 18-Dec 23	11:00 AM-11:30 AM	\$42/6	[18641]
Th	Nov 18-Dec 23	11:30 AM-12:00 PM	\$42/6	[18666]
Th	Nov 18-Dec 23	12:00 PM-12:30 PM	\$42/6	[18643]
Th	Nov 18-Dec 23	04:30 PM-05:00 PM	\$42/6	[18646]
Th	Nov 18-Dec 23	05:00 PM-05:30 PM	\$42/6	[18645]
Th	Nov 18-Dec 23	05:30 PM-06:00 PM	\$42/6	[18644]
Th	Nov 18-Dec 23	06:00 PM-06:30 PM	\$42/6	[18681]
Sa	Jan 8-Feb 26	09:00 AM-09:30 AM	\$56/8	[19387]
Sa	Jan 8-Feb 26	09:15 AM-09:45 AM	\$56/8	[19445]
Sa	Jan 8-Feb 26	09:30 AM-10:00 AM	\$56/8	[19388]
Sa	Jan 8-Feb 26	10:00 AM-10:30 AM	\$56/8	[19389]
Sa	Jan 8-Feb 26	10:30 AM-11:00 AM	\$56/8	[19390]
Sa	Jan 8-Feb 26	10:45 AM-11:15 AM	\$56/8	[19446]
Sa	Jan 8-Feb 26	11:00 AM-11:30 AM	\$56/8	[19391]
Sa	Jan 8-Feb 26	11:30 AM-12:00 PM	\$56/8	[19392]
Su	Jan 9-Feb 27	08:30 AM-09:00 AM	\$56/8	[19447]
Su	Jan 9-Feb 27	08:45 AM-09:15 AM	\$56/8	[19407]
Su	Jan 9-Feb 27	09:30 AM-10:00 AM	\$56/8	[19393]
Su	Jan 9-Feb 27	10:00 AM-10:30 AM	\$56/8	[19394]
Su	Jan 9-Feb 27	10:15 AM-10:45 AM	\$56/8	[19395]
Su	Jan 9-Feb 27	10:30 AM-11:00 AM	\$56/8	[19449]
Su	Jan 9-Feb 27	11:00 AM-11:30 AM	\$56/8	[19396]
M	Jan 10-Feb 21	04:45 PM-05:15 PM	\$49/7	[19400]
M	Jan 10-Feb 21	05:45 PM-06:15 PM	\$49/7	[19366]
M	Jan 10-Feb 21	06:00 PM-06:30 PM	\$49/7	[19401]
M	Jan 10-Feb 21	06:45 PM-07:15 PM	\$49/7	[19367]
Tu	Jan 11-Mar 1	09:00 AM-09:30 AM	\$56/8	[19368]
Tu	Jan 11-Mar 1	09:30 AM-10:00 AM	\$56/8	[19382]
Tu	Jan 11-Mar 1	10:30 AM-11:00 AM	\$56/8	[19369]
Tu	Jan 11-Mar 1	12:00 PM-12:30 PM	\$56/8	[19370]
Tu	Jan 11-Mar 1	04:30 PM-05:00 PM	\$56/8	[19371]

Aquatics

Tu	Jan 11-Mar 1	05:30 PM-06:00 PM	\$56/8	[19372]
Tu	Jan 11-Mar 1	06:00 PM-06:30 PM	\$56/8	[19373]
W	Jan 12-Mar 2	04:30 PM-05:00 PM	\$56/8	[19374]
W	Jan 12-Mar 2	05:00 PM-05:30 PM	\$56/8	[19375]
W	Jan 12-Mar 2	05:30 PM-06:00 PM	\$56/8	[19402]
W	Jan 12-Mar 2	06:00 PM-06:30 PM	\$56/8	[19403]
Th	Jan 13-Mar 3	10:30 AM-11:00 AM	\$56/8	[19377]
Th	Jan 13-Mar 3	11:00 AM-11:30 AM	\$56/8	[19376]
Th	Jan 13-Mar 3	11:30 AM-12:00 PM	\$56/8	[19404]
Th	Jan 13-Mar 3	12:00 PM-12:30 PM	\$56/8	[19378]
Th	Jan 13-Mar 3	04:30 PM-05:00 PM	\$56/8	[19381]
Th	Jan 13-Mar 3	05:00 PM-05:30 PM	\$56/8	[19380]
Th	Jan 13-Mar 3	05:30 PM-06:00 PM	\$56/8	[19379]
Th	Jan 13-Mar 3	06:00 PM-06:30 PM	\$56/8	[19440]
F	Jan 14-Mar 4	09:00 AM-09:30 AM	\$56/8	[19441]
F	Jan 14-Mar 4	09:30 AM-10:00 AM	\$56/8	[19442]
F	Jan 14-Mar 4	10:00 AM-10:30 AM	\$56/8	[19443]
F	Jan 14-Mar 4	12:00 PM-12:30 PM	\$56/8	[19444]
F	Jan 14-Mar 4	05:15 PM-05:45 PM	\$56/8	[19406]
F	Jan 14-Mar 4	05:45 PM-06:15 PM	\$56/8	[19386]
Sa	Mar 5-Apr 16	09:00 AM-09:30 AM	\$49/7	[19419]
Sa	Mar 5-Apr 16	09:15 AM-09:45 AM	\$49/7	[19420]
Sa	Mar 5-Apr 16	10:00 AM-10:30 AM	\$49/7	[19421]
Sa	Mar 5-Apr 16	10:30 AM-11:00 AM	\$49/7	[19422]
Sa	Mar 5-Apr 16	10:45 AM-11:15 AM	\$49/7	[19423]
Sa	Mar 5-Apr 16	11:30 AM-12:00 PM	\$49/7	[19424]
Su	Mar 6-Apr 17	08:30 AM-09:00 AM	\$49/7	[19425]
Su	Mar 6-Apr 17	08:45 AM-09:15 AM	\$49/7	[19430]
Su	Mar 6-Apr 17	09:30 AM-10:00 AM	\$49/7	[19426]
Su	Mar 6-Apr 17	10:00 AM-10:30 AM	\$49/7	[19427]
Su	Mar 6-Apr 17	10:15 AM-10:45 AM	\$49/7	[19428]
Su	Mar 6-Apr 17	10:30 AM-11:00 AM	\$49/7	[19431]
Su	Mar 6-Apr 17	11:00 AM-11:30 AM	\$49/7	[19429]
M	Mar 7-Apr 18	04:45 PM-05:15 PM	\$49/7	[19432]
M	Mar 7-Apr 18	05:45 PM-06:15 PM	\$49/7	[19383]
M	Mar 7-Apr 18	06:00 PM-06:30 PM	\$49/7	[19433]
M	Mar 7-Apr 18	06:45 PM-07:15 PM	\$49/7	[19384]
Tu	Mar 8-Apr 19	09:00 AM-09:30 AM	\$49/7	[19385]
Tu	Mar 8-Apr 19	09:30 AM-10:00 AM	\$49/7	[19417]
Tu	Mar 8-Apr 19	10:30 AM-11:00 AM	\$49/7	[19397]
Tu	Mar 8-Apr 19	12:00 PM-12:30 PM	\$49/7	[19398]
Tu	Mar 8-Apr 19	04:30 PM-05:00 PM	\$49/7	[19399]
Tu	Mar 8-Apr 19	05:30 PM-06:00 PM	\$49/7	[19405]
Tu	Mar 8-Apr 19	06:00 PM-06:30 PM	\$49/7	[19408]
W	Mar 9-Apr 27	04:30 PM-05:00 PM	\$42/8	[19409]
W	Mar 9-Apr 27	05:00 PM-05:30 PM	\$42/8	[19410]

Aquatics

W	Mar 9-Apr 27	05:30 PM-06:00 PM	\$42/8	[19434]
W	Mar 9-Apr 27	06:00 PM-06:30 PM	\$42/8	[19435]
Th	Mar 10-Apr 28	10:30 AM-11:00 AM	\$42/8	[19412]
Th	Mar 10-Apr 28	11:00 AM-11:30 AM	\$42/8	[19411]
Th	Mar 10-Apr 28	11:30 AM-12:00 PM	\$42/8	[19436]
Th	Mar 10-Apr 28	12:00 PM-12:30 PM	\$42/8	[19413]
Th	Mar 10-Apr 28	04:30 PM-05:00 PM	\$42/8	[19416]
Th	Mar 10-Apr 28	05:00 PM-05:30 PM	\$42/8	[19415]
Th	Mar 10-Apr 28	05:30 PM-06:00 PM	\$42/8	[19414]
Th	Mar 10-Apr 28	06:00 PM-06:30 PM	\$42/8	[19451]
F	Mar 11-Apr 15	09:00 AM-09:30 AM	\$42/6	[19452]
F	Mar 11-Apr 15	09:30 AM-10:00 AM	\$42/6	[19453]
F	Mar 11-Apr 15	10:00 AM-10:30 AM	\$42/6	[19454]
F	Mar 11-Apr 15	12:00 PM-12:30 PM	\$42/6	[19455]
F	Mar 11-Apr 15	05:15 PM-05:45 PM	\$42/6	[19437]
F	Mar 11-Apr 15	05:45 PM-06:15 PM	\$42/6	[19418]



Red Cross Sunfish (3Y-5Y)

Swimmers learn to swim 5m, float without assistance in deep water, and jump into chest-deep water while maintaining surface support for 5 seconds. Safety skills include deep-water skills and use of a Personal Flotation Device (PFD).

Sa	Sep 11-Oct 30	08:45 AM-09:15 AM	\$56/8	[18696]
Sa	Sep 11-Oct 30	09:30 AM-10:00 AM	\$56/8	[18697]
Sa	Sep 11-Oct 30	09:45 AM-10:15 AM	\$56/8	[18737]
Sa	Sep 11-Oct 30	10:30 AM-11:00 AM	\$56/8	[18699]
Su	Sep 12-Oct 31	09:00 AM-09:30 AM	\$56/8	[18700]
Su	Sep 12-Oct 31	09:45 AM-10:15 AM	\$56/8	[18701]
Su	Sep 12-Oct 31	10:00 AM-10:30 AM	\$56/8	[18738]
Su	Sep 12-Oct 31	10:30 AM-11:00 AM	\$56/8	[18731]
Su	Sep 12-Oct 31	11:15 AM-11:45 AM	\$56/8	[18702]
Su	Sep 12-Oct 31	11:30 AM-12:00 PM	\$56/8	[18703]
M	Sep 13-Nov 1	04:45 PM-05:15 PM	\$49/7	[18725]
M	Sep 13-Oct 25	06:15 PM-06:45 PM	\$49/7	[18741]
Tu	Sep 14-Nov 2	10:00 AM-10:30 AM	\$56/8	[18686]
Tu	Sep 14-Nov 2	11:30 AM-12:00 PM	\$56/8	[18722]
Tu	Sep 14-Nov 2	04:30 PM-05:00 PM	\$56/8	[18687]
Tu	Sep 14-Nov 2	05:00 PM-05:30 PM	\$56/8	[18688]
Tu	Sep 14-Nov 2	06:00 PM-06:30 PM	\$56/8	[18689]
W	Sep 15-Nov 3	04:30 PM-05:00 PM	\$56/8	[18690]
W	Sep 15-Nov 3	05:00 PM-05:30 PM	\$56/8	[18724]
W	Sep 15-Nov 3	05:30 PM-06:00 PM	\$56/8	[18736]

Aquatics

W	Sep 15-Nov 3	06:00 PM-06:30 PM	\$56/8	[18691]
Th	Sep 16-Nov 4	11:30 AM-12:00 PM	\$56/8	[18728]
Th	Sep 16-Nov 4	04:30 PM-05:00 PM	\$56/8	[18693]
Th	Sep 16-Nov 4	05:00 PM-05:30 PM	\$56/8	[18694]
Th	Sep 16-Nov 4	05:30 PM-06:00 PM	\$56/8	[18695]
Th	Sep 16-Nov 4	06:00 PM-06:30 PM	\$56/8	[18692]
F	Sep 17-Nov 5	12:00 PM-12:30 PM	\$56/8	[18739]
F	Sep 17-Nov 5	04:45 PM-05:15 PM	\$56/8	[18730]
F	Sep 17-Nov 5	06:45 PM-07:15 PM	\$56/8	[18740]
Sa	Nov 6-Dec 18	08:45 AM-09:15 AM	\$49/7	[18715]
Sa	Nov 6-Dec 18	09:30 AM-10:00 AM	\$49/7	[18716]
Sa	Nov 6-Dec 18	09:45 AM-10:15 AM	\$49/7	[18717]
Sa	Nov 6-Dec 18	10:30 AM-11:00 AM	\$49/7	[18718]
Su	Nov 7-Dec 19	09:00 AM-09:30 AM	\$49/7	[18719]
Su	Nov 7-Dec 19	09:45 AM-10:15 AM	\$49/7	[18720]
Su	Nov 7-Dec 19	10:00 AM-10:30 AM	\$49/7	[18726]
Su	Nov 7-Dec 19	10:30 AM-11:00 AM	\$49/7	[18735]
Su	Nov 7-Dec 19	11:15 AM-11:45 AM	\$49/7	[18721]
Su	Nov 7-Dec 19	11:30 AM-12:00 PM	\$49/7	[18723]
M	Nov 8-Dec 20	04:45 PM-05:15 PM	\$49/7	[18732]
M	Nov 8-Dec 20	06:15 PM-06:45 PM	\$49/7	[18742]
Tu	Nov 9-Dec 21	10:00 AM-10:30 AM	\$49/7	[18705]
Tu	Nov 9-Dec 21	11:30 AM-12:00 PM	\$49/7	[18727]
Tu	Nov 9-Dec 21	04:30 PM-05:00 PM	\$49/7	[18706]
Tu	Nov 9-Dec 21	05:00 PM-05:30 PM	\$49/7	[18707]
Tu	Nov 9-Dec 21	06:00 PM-06:30 PM	\$49/7	[18708]
W	Nov 10-Dec 29	04:30 PM-05:00 PM	\$42/8	[18709]
W	Nov 10-Dec 29	05:00 PM-05:30 PM	\$42/8	[18729]
W	Nov 10-Dec 15	05:30 PM-06:00 PM	\$42/6	[18743]
W	Nov 10-Dec 29	06:00 PM-06:30 PM	\$42/8	[18710]
F	Nov 12-Dec 17	12:00 PM-12:30 PM	\$42/6	[18744]
F	Nov 12-Dec 17	04:45 PM-05:15 PM	\$42/6	[18734]
F	Nov 12-Dec 17	06:45 PM-07:15 PM	\$42/6	[18745]
Th	Nov 18-Dec 23	11:30 AM-12:00 PM	\$42/6	[18733]
Th	Nov 18-Dec 23	04:30 PM-05:00 PM	\$42/6	[18712]
Th	Nov 18-Dec 23	05:00 PM-05:30 PM	\$42/6	[18713]
Th	Nov 18-Dec 23	05:30 PM-06:00 PM	\$42/6	[18714]
Th	Nov 18-Dec 23	06:00 PM-06:30 PM	\$42/6	[18711]
Sa	Jan 8-Feb 26	08:45 AM-09:15 AM	\$56/8	[19466]
Sa	Jan 8-Feb 26	09:30 AM-10:00 AM	\$56/8	[19467]
Sa	Jan 8-Feb 26	09:45 AM-10:15 AM	\$56/8	[19505]
Sa	Jan 8-Feb 26	10:30 AM-11:00 AM	\$56/8	[19468]
Su	Jan 9-Feb 27	09:00 AM-09:30 AM	\$56/8	[19469]
Su	Jan 9-Feb 27	09:45 AM-10:15 AM	\$56/8	[19470]
Su	Jan 9-Feb 27	10:00 AM-10:30 AM	\$56/8	[19506]
Su	Jan 9-Feb 27	10:30 AM-11:00 AM	\$56/8	[19499]

Aquatics

Su	Jan 9-Feb 27	11:15 AM-11:45 AM	\$56/8	[19471]
Su	Jan 9-Feb 27	11:30 AM-12:00 PM	\$56/8	[19472]
M	Jan 10-Feb 21	04:45 PM-05:15 PM	\$49/7	[19493]
M	Jan 10-Feb 21	06:15 PM-06:45 PM	\$49/7	[19509]
Tu	Jan 11-Mar 1	10:00 AM-10:30 AM	\$56/8	[19456]
Tu	Jan 11-Mar 1	11:30 AM-12:00 PM	\$56/8	[19490]
Tu	Jan 11-Mar 1	04:30 PM-05:00 PM	\$56/8	[19457]
Tu	Jan 11-Mar 1	05:00 PM-05:30 PM	\$56/8	[19458]
Tu	Jan 11-Mar 1	06:00 PM-06:30 PM	\$56/8	[19459]
W	Jan 12-Mar 2	04:30 PM-05:00 PM	\$56/8	[19460]
W	Jan 12-Mar 2	05:00 PM-05:30 PM	\$56/8	[19492]
W	Jan 12-Mar 2	05:30 PM-06:00 PM	\$56/8	[19504]
W	Jan 12-Mar 2	06:00 PM-06:30 PM	\$56/8	[19461]
Th	Jan 13-Mar 3	11:30 AM-12:00 PM	\$56/8	[19496]
Th	Jan 13-Mar 3	04:30 PM-05:00 PM	\$56/8	[19463]
Th	Jan 13-Mar 3	05:00 PM-05:30 PM	\$56/8	[19464]
Th	Jan 13-Mar 3	05:30 PM-06:00 PM	\$56/8	[19465]
Th	Jan 13-Mar 3	06:00 PM-06:30 PM	\$56/8	[19462]
F	Jan 14-Mar 4	12:00 PM-12:30 PM	\$56/8	[19507]
F	Jan 14-Mar 4	04:45 PM-05:15 PM	\$56/8	[19498]
F	Jan 14-Mar 4	06:45 PM-07:15 PM	\$56/8	[19508]
Sa	Mar 5-Apr 16	08:45 AM-09:15 AM	\$49/7	[19483]
Sa	Mar 5-Apr 16	09:30 AM-10:00 AM	\$49/7	[19484]
Sa	Mar 5-Apr 16	09:45 AM-10:15 AM	\$49/7	[19485]
Sa	Mar 5-Apr 16	10:30 AM-11:00 AM	\$49/7	[19486]
Su	Mar 6-Apr 17	09:00 AM-09:30 AM	\$49/7	[19487]
Su	Mar 6-Apr 17	09:45 AM-10:15 AM	\$49/7	[19488]
Su	Mar 6-Apr 17	10:00 AM-10:30 AM	\$49/7	[19494]
Su	Mar 6-Apr 17	10:30 AM-11:00 AM	\$49/7	[19503]
Su	Mar 6-Apr 17	11:15 AM-11:45 AM	\$49/7	[19489]
Su	Mar 6-Apr 17	11:30 AM-12:00 PM	\$49/7	[19491]
M	Mar 7-Apr 18	04:45 PM-05:15 PM	\$49/7	[19500]
M	Mar 7-Apr 18	06:15 PM-06:45 PM	\$49/7	[19510]
Tu	Mar 8-Apr 19	10:00 AM-10:30 AM	\$49/7	[19473]
Tu	Mar 8-Apr 19	11:30 AM-12:00 PM	\$49/7	[19495]
Tu	Mar 8-Apr 19	04:30 PM-05:00 PM	\$49/7	[19474]
Tu	Mar 8-Apr 19	05:00 PM-05:30 PM	\$49/7	[19475]
Tu	Mar 8-Apr 19	06:00 PM-06:30 PM	\$49/7	[19476]
W	Mar 9-Apr 13	04:30 PM-05:00 PM	\$42/6	[19477]
W	Mar 9-Apr 13	05:00 PM-05:30 PM	\$42/6	[19497]
W	Mar 9-Apr 13	05:30 PM-06:00 PM	\$42/6	[19511]
W	Mar 9-Apr 13	06:00 PM-06:30 PM	\$42/6	[19478]
Th	Mar 10-Apr 14	11:30 AM-12:00 PM	\$42/6	[19501]
Th	Mar 10-Apr 14	04:30 PM-05:00 PM	\$42/6	[19480]
Th	Mar 10-Apr 14	05:00 PM-05:30 PM	\$42/6	[19481]
Th	Mar 10-Apr 14	05:30 PM-06:00 PM	\$42/6	[19482]

Th	Mar 10-Apr 14	06:00 PM-06:30 PM	\$42/6	[19479]
F	Mar 11-Apr 15	12:00 PM-12:30 PM	\$42/6	[19512]
F	Mar 11-Apr 15	04:45 PM-05:15 PM	\$42/6	[19502]
F	Mar 11-Apr 15	06:45 PM-07:15 PM	\$42/6	[19513]



Red Cross Crocodile (3Y-5Y)

Swimmers learn to swim 5m on their front and back, perform a dolphin kick and begin using rhythmic breathing. Safety skills include recognizing when a swimmer needs help.

Sa	Sep 11-Oct 30	09:15 AM-09:45 AM	\$56/8	[18754]
Sa	Sep 11-Oct 30	10:00 AM-10:30 AM	\$56/8	[18755]
Sa	Sep 11-Oct 30	11:30 AM-12:00 PM	\$56/8	[18777]
Su	Sep 12-Oct 31	08:45 AM-09:15 AM	\$56/8	[18757]
Su	Sep 12-Oct 31	09:30 AM-10:00 AM	\$56/8	[18759]
Su	Sep 12-Oct 31	10:00 AM-10:30 AM	\$56/8	[18758]
M	Sep 13-Nov 1	07:15 PM-07:45 PM	\$49/7	[18746]
Tu	Sep 14-Nov 2	04:30 PM-05:00 PM	\$56/8	[18747]
Tu	Sep 14-Nov 2	04:45 PM-05:15 PM	\$56/8	[18776]
W	Sep 15-Nov 3	04:30 PM-05:00 PM	\$56/8	[18751]
W	Sep 15-Nov 3	05:00 PM-05:30 PM	\$56/8	[18749]
W	Sep 15-Nov 3	06:00 PM-06:30 PM	\$56/8	[18750]
Th	Sep 16-Nov 4	05:00 PM-05:30 PM	\$56/8	[18753]
Th	Sep 16-Nov 4	06:00 PM-06:30 PM	\$56/8	[18752]
F	Sep 17-Nov 5	04:45 PM-05:15 PM	\$56/8	[18774]
F	Sep 17-Nov 5	07:15 PM-07:45 PM	\$56/8	[18778]
Sa	Nov 6-Dec 18	09:15 AM-09:45 AM	\$49/7	[18768]
Sa	Nov 6-Dec 18	10:00 AM-10:30 AM	\$49/7	[18769]
Sa	Nov 6-Dec 18	11:30 AM-12:00 PM	\$49/7	[18770]
Su	Nov 7-Dec 19	08:45 AM-09:15 AM	\$49/7	[18771]
Su	Nov 7-Dec 19	09:30 AM-10:00 AM	\$49/7	[18773]

Aquatics

Su	Nov 7-Dec 19	10:00 AM-10:30 AM	\$49/7	[18772]
M	Nov 8-Dec 20	07:15 PM-07:45 PM	\$49/7	[18760]
Tu	Nov 9-Dec 21	04:30 PM-05:00 PM	\$49/7	[18761]
Tu	Nov 9-Dec 21	04:45 PM-05:15 PM	\$49/7	[18762]
W	Nov 10-Dec 15	04:30 PM-05:00 PM	\$42/6	[18765]
W	Nov 10-Dec 15	05:00 PM-05:30 PM	\$42/6	[18763]
W	Nov 10-Dec 15	06:00 PM-06:30 PM	\$42/6	[18764]
F	Nov 12-Dec 17	04:45 PM-05:15 PM	\$42/6	[18775]
F	Nov 12-Dec 17	07:15 PM-07:45 PM	\$42/6	[18779]
Th	Nov 18-Dec 23	05:00 PM-05:30 PM	\$42/6	[18767]
Th	Nov 18-Dec 23	06:00 PM-06:30 PM	\$42/6	[18766]
Sa	Jan 8-Feb 26	09:15 AM-09:45 AM	\$56/8	[19521]
Sa	Jan 8-Feb 26	10:00 AM-10:30 AM	\$56/8	[19522]
Sa	Jan 8-Feb 26	11:30 AM-12:00 PM	\$56/8	[19545]
Su	Jan 9-Feb 27	08:45 AM-09:15 AM	\$56/8	[19523]
Su	Jan 9-Feb 27	09:30 AM-10:00 AM	\$56/8	[19525]
Su	Jan 9-Feb 27	10:00 AM-10:30 AM	\$56/8	[19524]
M	Jan 10-Feb 21	07:15 PM-07:45 PM	\$49/7	[19514]
Tu	Jan 11-Mar 1	04:30 PM-05:00 PM	\$56/8	[19515]
Tu	Jan 11-Mar 1	04:45 PM-05:15 PM	\$56/8	[19544]
W	Jan 12-Mar 2	04:30 PM-05:00 PM	\$56/8	[19518]
W	Jan 12-Mar 2	05:00 PM-05:30 PM	\$56/8	[19516]
W	Jan 12-Mar 2	06:00 PM-06:30 PM	\$56/8	[19517]
Th	Jan 13-Mar 3	05:00 PM-05:30 PM	\$56/8	[19520]
Th	Jan 13-Mar 3	06:00 PM-06:30 PM	\$56/8	[19519]
F	Jan 14-Mar 4	04:45 PM-05:15 PM	\$56/8	[19542]
F	Jan 14-Mar 4	07:15 PM-07:45 PM	\$56/8	[19546]
Sa	Mar 5-Apr 16	09:15 AM-09:45 AM	\$49/7	[19534]
Sa	Mar 5-Apr 16	10:00 AM-10:30 AM	\$49/7	[19535]
Sa	Mar 5-Apr 16	11:30 AM-12:00 PM	\$49/7	[19536]
Su	Mar 6-Apr 17	08:45 AM-09:15 AM	\$49/7	[19537]
Su	Mar 6-Apr 17	09:30 AM-10:00 AM	\$49/7	[19541]
Su	Mar 6-Apr 17	10:00 AM-10:30 AM	\$49/7	[19539]
M	Mar 7-Apr 18	07:15 PM-07:45 PM	\$49/7	[19526]
Tu	Mar 8-Apr 19	04:30 PM-05:00 PM	\$49/7	[19527]
Tu	Mar 8-Apr 19	04:45 PM-05:15 PM	\$49/7	[19528]
W	Mar 9-Apr 13	04:30 PM-05:00 PM	\$42/6	[19531]
W	Mar 9-Apr 13	05:00 PM-05:30 PM	\$42/6	[19529]
W	Mar 9-Apr 13	06:00 PM-06:30 PM	\$42/6	[19530]
Th	Mar 10-Apr 14	05:00 PM-05:30 PM	\$42/6	[19533]
Th	Mar 10-Apr 14	06:00 PM-06:30 PM	\$42/6	[19532]
F	Mar 11-Apr 15	04:45 PM-05:15 PM	\$42/6	[19543]
F	Mar 11-Apr 15	07:15 PM-07:45 PM	\$42/6	[19547]



Red Cross Whale (3Y-5Y)

Swimmers learn to swim 10m, jump into chest-deep water while maintaining surface support for 20 seconds, and perform a front and back crawl for 7m. Safety skills include identifying safe swimming areas, jumping into and changing direction in deep water.

Sa	Sep 11-Oct 30	10:30 AM-11:00 AM	\$56/8	[18783]
Sa	Sep 11-Oct 30	11:30 AM-12:00 PM	\$56/8	[18784]
Su	Sep 12-Oct 31	09:15 AM-09:45 AM	\$56/8	[18787]
Su	Sep 12-Oct 31	10:30 AM-11:00 AM	\$56/8	[18785]
Su	Sep 12-Oct 31	11:00 AM-11:30 AM	\$56/8	[18786]
Tu	Sep 14-Nov 2	04:30 PM-05:00 PM	\$56/8	[18794]
Tu	Sep 14-Nov 2	06:00 PM-06:30 PM	\$56/8	[18780]
W	Sep 15-Nov 3	04:30 PM-05:00 PM	\$56/8	[18795]
W	Sep 15-Nov 3	06:00 PM-06:30 PM	\$56/8	[18796]
Th	Sep 16-Nov 4	04:30 PM-05:00 PM	\$56/8	[18782]
Th	Sep 16-Nov 4	05:30 PM-06:00 PM	\$56/8	[18799]
F	Sep 17-Nov 5	06:15 PM-06:45 PM	\$56/8	[18798]
Sa	Nov 6-Dec 18	10:30 AM-11:00 AM	\$49/7	[18791]
Sa	Nov 6-Dec 18	11:30 AM-12:00 PM	\$49/7	[18792]
Su	Nov 7-Dec 19	09:15 AM-09:45 AM	\$49/7	[18801]
Su	Nov 7-Dec 19	10:30 AM-11:00 AM	\$49/7	[18793]
Su	Nov 7-Dec 19	11:00 AM-11:30 AM	\$49/7	[18800]
Tu	Nov 9-Dec 21	04:30 PM-05:00 PM	\$49/7	[18802]
Tu	Nov 9-Dec 21	06:00 PM-06:30 PM	\$49/7	[18788]
W	Nov 10-Dec 15	04:30 PM-05:00 PM	\$42/6	[18789]
W	Nov 10-Dec 15	06:00 PM-06:30 PM	\$42/6	[18804]
F	Nov 12-Dec 17	06:15 PM-06:45 PM	\$42/6	[18806]
Th	Nov 18-Dec 23	04:30 PM-05:00 PM	\$42/6	[18790]
Th	Nov 18-Dec 23	05:30 PM-06:00 PM	\$42/6	[18807]
Sa	Jan 8-Feb 26	10:30 AM-11:00 AM	\$56/8	[19550]
Sa	Jan 8-Feb 26	11:30 AM-12:00 PM	\$56/8	[19551]
Su	Jan 9-Feb 27	09:15 AM-09:45 AM	\$56/8	[19554]
Su	Jan 9-Feb 27	10:30 AM-11:00 AM	\$56/8	[19552]
Su	Jan 9-Feb 27	11:00 AM-11:30 AM	\$56/8	[19553]
Tu	Jan 11-Mar 1	04:30 PM-05:00 PM	\$56/8	[19561]
Tu	Jan 11-Mar 1	06:00 PM-06:30 PM	\$56/8	[19548]
W	Jan 12-Mar 2	04:30 PM-05:00 PM	\$56/8	[19562]
W	Jan 12-Mar 2	06:00 PM-06:30 PM	\$56/8	[19563]
Th	Jan 13-Mar 3	04:30 PM-05:00 PM	\$56/8	[19549]
Th	Jan 13-Mar 3	05:30 PM-06:00 PM	\$56/8	[19565]
F	Jan 14-Mar 4	06:15 PM-06:45 PM	\$56/8	[19564]
Sa	Mar 5-Apr 16	10:30 AM-11:00 AM	\$49/7	[19558]
Sa	Mar 5-Apr 16	11:30 AM-12:00 PM	\$49/7	[19559]

Aquatics

Su	Mar 6-Apr 17	09:15 AM-09:45 AM	\$49/7	[19567]
Su	Mar 6-Apr 17	10:30 AM-11:00 AM	\$49/7	[19560]
Su	Mar 6-Apr 17	11:00 AM-11:30 AM	\$49/7	[19566]
Tu	Mar 8-Apr 19	04:30 PM-05:00 PM	\$49/7	[19568]
Tu	Mar 8-Apr 19	06:00 PM-06:30 PM	\$49/7	[19555]
W	Mar 9-Apr 13	04:30 PM-05:00 PM	\$42/6	[19556]
W	Mar 9-Apr 13	06:00 PM-06:30 PM	\$42/6	[19569]
Th	Mar 10-Apr 14	04:30 PM-05:00 PM	\$42/6	[19557]
Th	Mar 10-Apr 14	05:30 PM-06:00 PM	\$42/6	[19571]
F	Mar 11-Apr 15	06:15 PM-06:45 PM	\$42/6	[19570]
Sa	Sep 11-Oct 30	09:00 AM-09:30 AM	\$200/8	[18875]
Sa	Sep 11-Oct 30	09:45 AM-10:15 AM	\$200/8	[18870]
Sa	Sep 11-Oct 30	10:30 AM-11:00 AM	\$200/8	[18906]
Sa	Sep 11-Oct 30	11:00 AM-11:30 AM	\$200/8	[18907]
Sa	Sep 11-Oct 30	11:30 AM-12:00 PM	\$200/8	[18871]
Sa	Sep 11-Oct 30	11:45 AM-12:15 PM	\$200/8	[18872]
Su	Sep 12-Oct 31	09:00 AM-09:30 AM	\$200/8	[18878]
Su	Sep 12-Oct 31	09:30 AM-10:00 AM	\$200/8	[18909]
Su	Sep 12-Oct 31	10:00 AM-10:30 AM	\$200/8	[18880]
Su	Sep 12-Oct 31	11:00 AM-11:30 AM	\$200/8	[18882]
Su	Sep 12-Oct 31	11:45 AM-12:15 PM	\$200/8	[18876]
M	Sep 13-Oct 25	04:45 PM-05:15 PM	\$175/7	[18808]
M	Sep 13-Oct 25	05:15 PM-05:45 PM	\$175/7	[18810]
M	Sep 13-Oct 25	05:45 PM-06:15 PM	\$175/7	[18811]
M	Sep 13-Oct 25	06:30 PM-07:00 PM	\$175/7	[18813]
M	Sep 13-Oct 25	07:15 PM-07:45 PM	\$175/7	[18816]
Tu	Sep 14-Nov 2	04:30 PM-05:00 PM	\$200/8	[18821]
Tu	Sep 14-Nov 2	05:00 PM-05:30 PM	\$200/8	[18823]
Tu	Sep 14-Nov 2	05:30 PM-06:00 PM	\$200/8	[18825]
Tu	Sep 14-Nov 2	06:00 PM-06:30 PM	\$200/8	[18827]
Tu	Sep 14-Nov 2	06:30 PM-07:00 PM	\$200/8	[18829]
W	Sep 15-Nov 3	04:30 PM-05:00 PM	\$200/8	[18832]
W	Sep 15-Nov 3	05:00 PM-05:30 PM	\$200/8	[18834]
W	Sep 15-Nov 3	05:30 PM-06:00 PM	\$200/8	[18835]

Red Cross - Private Swim Lessons (3Y+)

Personalized instruction for swimmers of all ages and abilities. Improve confidence, swimming skills and technique in the water. Participants work through the Red Cross Swim continuum at their own pace focusing on skills and strokes that suit their individual needs. Classes are available at a variety of times, seven days a week. Contact Guest Services for prices or to book a 30 minute time slot. Semi-private lessons are also available. Register two swimmers of similar ability in the same class for a discounted price.

Aquatics

W	Sep 15-Nov 3	06:00 PM-06:30 PM	\$200/8	[18837]
W	Sep 15-Nov 3	06:30 PM-07:00 PM	\$200/8	[18838]
Th	Sep 16-Nov 4	04:30 PM-05:00 PM	\$200/8	[18844]
Th	Sep 16-Nov 4	05:00 PM-05:30 PM	\$200/8	[18846]
Th	Sep 16-Nov 4	06:00 PM-06:30 PM	\$200/8	[18848]
Th	Sep 16-Nov 4	06:30 PM-07:00 PM	\$200/8	[18847]
F	Sep 17-Nov 5	11:00 AM-11:30 AM	\$200/8	[18860]
F	Sep 17-Nov 5	06:45 PM-07:15 PM	\$200/8	[18863]
F	Sep 17-Nov 5	07:15 PM-07:45 PM	\$200/8	[18868]
Sa	Nov 6-Dec 18	09:00 AM-09:30 AM	\$175/7	[18891]
Sa	Nov 6-Dec 18	09:45 AM-10:15 AM	\$175/7	[18888]
Sa	Nov 6-Dec 18	10:30 AM-11:00 AM	\$175/7	[18911]
Sa	Nov 6-Dec 18	11:00 AM-11:30 AM	\$175/7	[18912]
Sa	Nov 6-Dec 18	11:30 AM-12:00 PM	\$175/7	[18889]
Sa	Nov 6-Dec 18	11:45 AM-12:15 PM	\$175/7	[18890]
Su	Nov 7-Dec 19	09:00 AM-09:30 AM	\$175/7	[18894]
Su	Nov 7-Dec 19	10:00 AM-10:30 AM	\$175/7	[18895]
Su	Nov 7-Dec 19	11:00 AM-11:30 AM	\$175/7	[18897]
Su	Nov 7-Dec 19	11:45 AM-12:15 PM	\$175/7	[18892]
M	Nov 8-Dec 20	04:45 PM-05:15 PM	\$175/7	[18809]
M	Nov 8-Dec 20	05:15 PM-05:45 PM	\$175/7	[18814]
M	Nov 8-Dec 20	05:45 PM-06:15 PM	\$175/7	[18815]
M	Nov 8-Dec 27	06:30 PM-07:00 PM	\$200/8	[18818]
M	Nov 8-Dec 20	07:15 PM-07:45 PM	\$175/7	[18820]
Tu	Nov 9-Dec 21	04:30 PM-05:00 PM	\$175/7	[18831]
Tu	Nov 9-Dec 21	05:00 PM-05:30 PM	\$175/7	[18836]
Tu	Nov 9-Dec 21	05:30 PM-06:00 PM	\$175/7	[18842]
Tu	Nov 9-Dec 21	06:00 PM-06:30 PM	\$175/7	[18845]
Tu	Nov 9-Dec 21	06:30 PM-07:00 PM	\$175/7	[18852]
W	Nov 10-Dec 15	04:30 PM-05:00 PM	\$150/6	[18854]
W	Nov 10-Dec 15	05:00 PM-05:30 PM	\$150/6	[18855]
W	Nov 10-Dec 15	05:30 PM-06:00 PM	\$150/6	[18856]
W	Nov 10-Dec 15	06:00 PM-06:30 PM	\$150/6	[18857]
W	Nov 10-Dec 15	06:30 PM-07:00 PM	\$150/6	[18858]
F	Nov 12-Dec 17	11:00 AM-11:30 AM	\$150/6	[18883]
F	Nov 12-Dec 17	06:45 PM-07:15 PM	\$150/6	[18884]
F	Nov 12-Dec 17	07:15 PM-07:45 PM	\$150/6	[18887]
W	Nov 17-Dec 22	06:30 PM-07:00 PM	\$150/6	[18861]
Th	Nov 18-Dec 23	04:30 PM-05:00 PM	\$150/6	[18865]
Th	Nov 18-Dec 23	05:00 PM-05:30 PM	\$150/6	[18866]
Th	Nov 18-Dec 23	06:00 PM-06:30 PM	\$150/6	[18869]
Th	Nov 18-Dec 23	06:30 PM-07:00 PM	\$150/6	[18874]
Sa	Jan 8-Feb 26	09:00 AM-09:30 AM	\$200/8	[19639]
Sa	Jan 8-Feb 26	09:45 AM-10:15 AM	\$200/8	[19634]
Sa	Jan 8-Feb 26	10:30 AM-11:00 AM	\$200/8	[19670]

Aquatics

Sa	Jan 8-Feb 26	11:00 AM-11:30 AM	\$200/8	[19671]
Sa	Jan 8-Feb 26	11:30 AM-12:00 PM	\$200/8	[19635]
Sa	Jan 8-Feb 26	11:45 AM-12:15 PM	\$200/8	[19636]
Su	Jan 9-Feb 27	09:00 AM-09:30 AM	\$200/8	[19642]
Su	Jan 9-Feb 27	09:30 AM-10:00 AM	\$200/8	[19673]
Su	Jan 9-Feb 27	10:00 AM-10:30 AM	\$200/8	[19644]
Su	Jan 9-Feb 27	11:00 AM-11:30 AM	\$200/8	[19646]
Su	Jan 9-Feb 27	11:45 AM-12:15 PM	\$200/8	[19640]
M	Jan 10-Feb 21	04:45 PM-05:15 PM	\$175/7	[19572]
M	Jan 10-Feb 21	05:15 PM-05:45 PM	\$175/7	[19574]
M	Jan 10-Feb 21	05:45 PM-06:15 PM	\$175/7	[19575]
M	Jan 10-Feb 21	06:30 PM-07:00 PM	\$175/7	[19577]
M	Jan 10-Feb 21	07:15 PM-07:45 PM	\$175/7	[19580]
Tu	Jan 11-Mar 1	10:30 AM-11:00 AM	\$200/8	[19583]
Tu	Jan 11-Mar 1	04:30 PM-05:00 PM	\$200/8	[19585]
Tu	Jan 11-Mar 1	05:00 PM-05:30 PM	\$200/8	[19587]
Tu	Jan 11-Mar 1	05:30 PM-06:00 PM	\$200/8	[19589]
Tu	Jan 11-Mar 1	06:00 PM-06:30 PM	\$200/8	[19591]
Tu	Jan 11-Mar 1	06:30 PM-07:00 PM	\$200/8	[19593]
W	Jan 12-Mar 2	04:30 PM-05:00 PM	\$200/8	[19596]
W	Jan 12-Mar 2	05:00 PM-05:30 PM	\$200/8	[19598]
W	Jan 12-Mar 2	05:30 PM-06:00 PM	\$200/8	[19599]
W	Jan 12-Mar 2	06:00 PM-06:30 PM	\$200/8	[19601]
W	Jan 12-Mar 2	06:30 PM-07:00 PM	\$200/8	[19602]
Th	Jan 13-Mar 3	10:00 AM-10:30 AM	\$200/8	[19605]
Th	Jan 13-Mar 3	04:30 PM-05:00 PM	\$200/8	[19608]
Th	Jan 13-Mar 3	05:00 PM-05:30 PM	\$200/8	[19610]
Th	Jan 13-Mar 3	06:00 PM-06:30 PM	\$200/8	[19612]
Th	Jan 13-Mar 3	06:30 PM-07:00 PM	\$200/8	[19611]
F	Jan 14-Mar 4	11:00 AM-11:30 AM	\$200/8	[19624]
F	Jan 14-Mar 4	06:45 PM-07:15 PM	\$200/8	[19627]
F	Jan 14-Mar 4	07:15 PM-07:45 PM	\$200/8	[19631]
Sa	Mar 5-Apr 16	09:00 AM-09:30 AM	\$175/7	[19655]
Sa	Mar 5-Apr 16	09:45 AM-10:15 AM	\$175/7	[19652]
Sa	Mar 5-Apr 16	10:30 AM-11:00 AM	\$175/7	[19675]
Sa	Mar 5-Apr 16	11:00 AM-11:30 AM	\$175/7	[19676]
Sa	Mar 5-Apr 16	11:30 AM-12:00 PM	\$175/7	[19653]
Sa	Mar 5-Apr 16	11:45 AM-12:15 PM	\$175/7	[19654]
Su	Mar 6-Apr 17	09:00 AM-09:30 AM	\$175/7	[19658]
Su	Mar 6-Apr 17	09:30 AM-10:00 AM	\$175/7	[19678]
Su	Mar 6-Apr 17	10:00 AM-10:30 AM	\$175/7	[19659]
Su	Mar 6-Apr 17	11:00 AM-11:30 AM	\$175/7	[19661]
Su	Mar 6-Apr 17	11:45 AM-12:15 PM	\$175/7	[19656]
M	Mar 7-Apr 18	04:45 PM-05:15 PM	\$175/7	[19573]
M	Mar 7-Apr 18	05:15 PM-05:45 PM	\$175/7	[19578]

M	Mar 7-Apr 18	05:45 PM-06:15 PM	\$175/7	[19579]
M	Mar 7-Apr 18	06:30 PM-07:00 PM	\$175/7	[19581]
M	Mar 7-Apr 18	07:15 PM-07:45 PM	\$175/7	[19584]
Tu	Mar 8-Apr 19	10:30 AM-11:00 AM	\$175/7	[19588]
Tu	Mar 8-Apr 19	04:30 PM-05:00 PM	\$175/7	[19595]
Tu	Mar 8-Apr 19	05:00 PM-05:30 PM	\$175/7	[19600]
Tu	Mar 8-Apr 19	05:30 PM-06:00 PM	\$175/7	[19606]
Tu	Mar 8-Apr 19	06:00 PM-06:30 PM	\$175/7	[19609]
Tu	Mar 8-Apr 19	06:30 PM-07:00 PM	\$175/7	[19616]
W	Mar 9-Apr 13	04:30 PM-05:00 PM	\$150/6	[19618]
W	Mar 9-Apr 13	05:00 PM-05:30 PM	\$150/6	[19619]
W	Mar 9-Apr 13	05:30 PM-06:00 PM	\$150/6	[19620]
W	Mar 9-Apr 13	06:00 PM-06:30 PM	\$150/6	[19621]
W	Mar 9-Apr 13	06:30 PM-07:00 PM	\$150/6	[19623]
Th	Mar 10-Apr 14	10:00 AM-10:30 AM	\$150/6	[19626]
Th	Mar 10-Apr 14	04:30 PM-05:00 PM	\$150/6	[19629]
Th	Mar 10-Apr 14	05:00 PM-05:30 PM	\$150/6	[19630]
Th	Mar 10-Apr 14	06:00 PM-06:30 PM	\$150/6	[19633]
Th	Mar 10-Apr 14	06:30 PM-07:00 PM	\$150/6	[19637]
F	Mar 11-Apr 15	11:00 AM-11:30 AM	\$150/6	[19647]
F	Mar 11-Apr 15	06:45 PM-07:15 PM	\$150/6	[19648]
F	Mar 11-Apr 29	07:15 PM-07:45 PM	\$200/8	[19650]
W	Mar 9-Apr 20	06:30 PM-07:00 PM	\$150/6	[19625]

Red Cross Swim Kids Level 1 (6Y-14Y)

Orientation to the water and pool area. Swimmers build their endurance by working on floats, glides, kicks and a 5m front swim. Swim preschool transfer: Starfish, Duck, Sea Turtle, Salamander or Sunfish (incomplete).

Sa	Sep 11-Oct 30	09:00 AM-09:30 AM	\$56/8	[18931]
Sa	Sep 11-Oct 30	10:00 AM-10:30 AM	\$56/8	[18930]
Su	Sep 12-Oct 31	09:00 AM-09:30 AM	\$56/8	[18932]
Su	Sep 12-Oct 31	10:30 AM-11:00 AM	\$56/8	[18933]
Su	Sep 12-Oct 31	11:00 AM-11:30 AM	\$56/8	[18943]
Tu	Sep 14-Nov 2	04:00 PM-04:30 PM	\$56/8	[18923]
Tu	Sep 14-Nov 2	06:00 PM-06:30 PM	\$56/8	[18927]
W	Sep 15-Nov 3	05:00 PM-05:30 PM	\$56/8	[18925]
W	Sep 15-Nov 3	06:00 PM-06:30 PM	\$56/8	[18924]
Th	Sep 16-Nov 4	04:30 PM-05:00 PM	\$56/8	[18926]
Th	Sep 16-Nov 4	06:00 PM-06:30 PM	\$56/8	[18928]
Sa	Nov 6-Dec 18	09:00 AM-09:30 AM	\$49/7	[18940]
Sa	Nov 6-Dec 18	10:00 AM-10:30 AM	\$49/7	[18939]
Su	Nov 7-Dec 19	09:00 AM-09:30 AM	\$49/7	[18941]
Su	Nov 7-Dec 19	10:30 AM-11:00 AM	\$49/7	[18942]
Su	Nov 7-Dec 19	11:00 AM-11:30 AM	\$49/7	[18944]
Tu	Nov 9-Dec 21	04:00 PM-04:30 PM	\$49/7	[18929]

Aquatics

Tu	Nov 9-Dec 21	06:00 PM-06:30 PM	\$49/7	[18937]
W	Nov 10-Dec 15	05:00 PM-05:30 PM	\$42/6	[18935]
W	Nov 10-Dec 15	06:00 PM-06:30 PM	\$42/6	[18934]
Th	Nov 18-Dec 23	04:30 PM-05:00 PM	\$42/6	[18936]
Th	Nov 18-Dec 23	06:00 PM-06:30 PM	\$42/6	[18938]
Sa	Jan 8-Feb 26	09:00 AM-09:30 AM	\$56/8	[19695]
Sa	Jan 8-Feb 26	10:00 AM-10:30 AM	\$56/8	[19694]
Su	Jan 9-Feb 27	09:00 AM-09:30 AM	\$56/8	[19696]
Su	Jan 9-Feb 27	10:30 AM-11:00 AM	\$56/8	[19697]
Su	Jan 9-Feb 27	11:00 AM-11:30 AM	\$56/8	[19707]
Tu	Jan 11-Mar 1	04:00 PM-04:30 PM	\$56/8	[19687]
Tu	Jan 11-Mar 1	06:00 PM-06:30 PM	\$56/8	[19691]
W	Jan 12-Mar 2	05:00 PM-05:30 PM	\$56/8	[19689]
W	Jan 12-Mar 2	06:00 PM-06:30 PM	\$56/8	[19688]
Th	Jan 13-Mar 3	04:30 PM-05:00 PM	\$56/8	[19690]
Th	Jan 13-Mar 3	06:00 PM-06:30 PM	\$56/8	[19692]
Sa	Mar 5-Apr 16	09:00 AM-09:30 AM	\$49/7	[19704]
Sa	Mar 5-Apr 16	10:00 AM-10:30 AM	\$49/7	[19703]
Su	Mar 6-Apr 17	09:00 AM-09:30 AM	\$49/7	[19705]
Su	Mar 6-Apr 17	10:30 AM-11:00 AM	\$49/7	[19706]
Su	Mar 6-Apr 17	11:00 AM-11:30 AM	\$49/7	[19708]
Tu	Mar 8-Apr 19	04:00 PM-04:30 PM	\$49/7	[19693]
Tu	Mar 8-Apr 19	06:00 PM-06:30 PM	\$49/7	[19701]
W	Mar 9-Apr 13	05:00 PM-05:30 PM	\$42/6	[19699]
W	Mar 9-Apr 13	06:00 PM-06:30 PM	\$42/6	[19698]
Th	Mar 10-Apr 14	04:30 PM-05:00 PM	\$42/6	[19700]
Th	Mar 10-Apr 14	06:00 PM-06:30 PM	\$42/6	[19702]

Red Cross Swim Kids Level 2 (6Y-14Y)

Focus on front propulsion skills to move through the water and remain at the surface. Work on front and back swims (3 x 5m), awareness about deep-water activities and proper use of a Personal Flotation Device (PFD). Swim Preschool Transfer: Sunfish (completed) or Crocodile (incomplete).

Sa	Sep 11-Oct 30	09:30 AM-10:00 AM	\$56/8	[18951]
Sa	Sep 11-Oct 30	10:00 AM-10:30 AM	\$56/8	[18950]
Sa	Sep 11-Oct 30	11:00 AM-11:30 AM	\$56/8	[18949]
Su	Sep 12-Oct 31	09:30 AM-10:00 AM	\$56/8	[18952]
Su	Sep 12-Oct 31	10:15 AM-10:45 AM	\$56/8	[18953]
Su	Sep 12-Oct 31	11:30 AM-12:00 PM	\$56/8	[18954]
Tu	Sep 14-Nov 2	05:30 PM-06:00 PM	\$56/8	[18945]
W	Sep 15-Nov 3	04:00 PM-04:30 PM	\$56/8	[18946]
W	Sep 15-Nov 3	05:30 PM-06:00 PM	\$56/8	[18955]
Th	Sep 16-Nov 4	05:00 PM-05:30 PM	\$56/8	[18947]
Th	Sep 16-Nov 4	05:30 PM-06:00 PM	\$56/8	[18966]
Th	Sep 16-Nov 4	06:00 PM-06:30 PM	\$56/8	[18948]
Sa	Nov 6-Dec 18	09:30 AM-10:00 AM	\$49/7	[18962]
Sa	Nov 6-Dec 18	10:00 AM-10:30 AM	\$49/7	[18961]

Sa	Nov 6-Dec 18	11:00 AM-11:30 AM	\$49/7	[18960]
Su	Nov 7-Dec 19	09:30 AM-10:00 AM	\$49/7	[18963]
Su	Nov 7-Dec 19	10:15 AM-10:45 AM	\$49/7	[18964]
Su	Nov 7-Dec 19	11:30 AM-12:00 PM	\$49/7	[18965]
Tu	Nov 9-Dec 21	05:30 PM-06:00 PM	\$49/7	[18956]
W	Nov 10-Dec 15	04:00 PM-04:30 PM	\$42/6	[18957]
W	Nov 10-Dec 15	05:30 PM-06:00 PM	\$42/6	[18967]
Th	Nov 18-Dec 23	05:00 PM-05:30 PM	\$42/6	[18958]
Th	Nov 18-Dec 23	05:30 PM-06:00 PM	\$42/6	[18968]
Th	Nov 18-Dec 23	06:00 PM-06:30 PM	\$42/6	[18959]
Sa	Jan 8-Feb 26	09:30 AM-10:00 AM	\$56/8	[19715]
Sa	Jan 8-Feb 26	10:00 AM-10:30 AM	\$56/8	[19714]
Sa	Jan 8-Feb 26	11:00 AM-11:30 AM	\$56/8	[19713]
Su	Jan 9-Feb 27	09:30 AM-10:00 AM	\$56/8	[19716]
Su	Jan 9-Feb 27	10:15 AM-10:45 AM	\$56/8	[19717]
Su	Jan 9-Feb 27	11:30 AM-12:00 PM	\$56/8	[19718]
Tu	Jan 11-Mar 1	05:30 PM-06:00 PM	\$56/8	[19709]
W	Jan 12-Mar 2	04:00 PM-04:30 PM	\$56/8	[19710]
W	Jan 12-Mar 2	05:30 PM-06:00 PM	\$56/8	[19719]
Th	Jan 13-Mar 3	05:00 PM-05:30 PM	\$56/8	[19711]
Th	Jan 13-Mar 3	05:30 PM-06:00 PM	\$56/8	[19730]
Th	Jan 13-Mar 3	06:00 PM-06:30 PM	\$56/8	[19712]
Sa	Mar 5-Apr 16	09:30 AM-10:00 AM	\$49/7	[19726]
Sa	Mar 5-Apr 16	10:00 AM-10:30 AM	\$49/7	[19725]
Sa	Mar 5-Apr 16	11:00 AM-11:30 AM	\$49/7	[19724]
Su	Mar 6-Apr 17	09:30 AM-10:00 AM	\$49/7	[19727]
Su	Mar 6-Apr 17	10:15 AM-10:45 AM	\$49/7	[19728]
Su	Mar 6-Apr 17	11:30 AM-12:00 PM	\$49/7	[19729]
Tu	Mar 8-Apr 19	05:30 PM-06:00 PM	\$49/7	[19720]
W	Mar 9-Apr 13	04:00 PM-04:30 PM	\$42/6	[19721]
W	Mar 9-Apr 13	05:30 PM-06:00 PM	\$42/6	[19731]
Th	Mar 10-Apr 14	05:00 PM-05:30 PM	\$42/6	[19722]
Th	Mar 10-Apr 14	05:30 PM-06:00 PM	\$42/6	[19732]
Th	Mar 10-Apr 14	06:00 PM-06:30 PM	\$42/6	[19723]

Red Cross Swim Kids Level 3 (6Y-14Y)

Introduction to the front crawl (3 x 5m) and diving. Teaches how to make wise choices about where and when to swim. Swim Preschool Transfer: Crocodile (completed) or Whale (incomplete).

Sa	Sep 11-Oct 30	09:30 AM-10:00 AM	\$56/8	[18979]
Sa	Sep 11-Oct 30	10:15 AM-10:45 AM	\$56/8	[18978]
Sa	Sep 11-Oct 30	11:00 AM-11:30 AM	\$56/8	[18980]
Sa	Sep 11-Oct 30	11:15 AM-11:45 AM	\$56/8	[18981]
Su	Sep 12-Oct 31	10:00 AM-10:30 AM	\$56/8	[18982]
Su	Sep 12-Oct 31	11:00 AM-11:30 AM	\$56/8	[18983]
Su	Sep 12-Oct 31	11:30 AM-12:00 PM	\$56/8	[18984]
Tu	Sep 14-Nov 2	04:15 PM-04:45 PM	\$56/8	[18972]
Tu	Sep 14-Nov 2	05:00 PM-05:30 PM	\$56/8	[18969]

Aquatics

Tu	Sep 14-Nov 2	05:30 PM-06:00 PM	\$56/8	[18971]
Tu	Sep 14-Nov 2	06:00 PM-06:30 PM	\$56/8	[19001]
W	Sep 15-Nov 3	04:00 PM-04:30 PM	\$56/8	[18973]
W	Sep 15-Nov 3	04:30 PM-05:00 PM	\$56/8	[18985]
W	Sep 15-Nov 3	06:00 PM-06:30 PM	\$56/8	[18974]
Th	Sep 16-Nov 4	04:00 PM-04:30 PM	\$56/8	[18975]
Th	Sep 16-Nov 4	04:30 PM-05:00 PM	\$56/8	[18976]
Th	Sep 16-Nov 4	06:00 PM-06:30 PM	\$56/8	[18977]
Sa	Nov 6-Dec 18	09:30 AM-10:00 AM	\$49/7	[18994]
Sa	Nov 6-Dec 18	10:15 AM-10:45 AM	\$49/7	[18993]
Sa	Nov 6-Dec 18	11:00 AM-11:30 AM	\$49/7	[18995]
Sa	Nov 6-Dec 18	11:15 AM-11:45 AM	\$49/7	[18996]
Su	Nov 7-Dec 19	10:00 AM-10:30 AM	\$49/7	[18997]
Su	Nov 7-Dec 19	11:00 AM-11:30 AM	\$49/7	[18998]
Su	Nov 7-Dec 19	11:30 AM-12:00 PM	\$49/7	[18999]
Tu	Nov 9-Dec 21	04:15 PM-04:45 PM	\$49/7	[18987]
Tu	Nov 9-Dec 21	05:00 PM-05:30 PM	\$49/7	[19003]
Tu	Nov 9-Dec 21	05:30 PM-06:00 PM	\$49/7	[18986]
Tu	Nov 9-Dec 21	06:00 PM-06:30 PM	\$49/7	[19002]
W	Nov 10-Dec 15	04:00 PM-04:30 PM	\$42/6	[18988]
W	Nov 10-Dec 15	06:00 PM-06:30 PM	\$42/6	[18989]
W	Nov 17-Dec 22	04:30 PM-05:00 PM	\$42/6	[19000]
Th	Nov 18-Dec 23	04:00 PM-04:30 PM	\$42/6	[18990]
Th	Nov 18-Dec 23	04:30 PM-05:00 PM	\$42/6	[18991]
Th	Nov 18-Dec 23	06:00 PM-06:30 PM	\$42/6	[18992]
Sa	Jan 8-Feb 26	09:30 AM-10:00 AM	\$56/8	[19743]
Sa	Jan 8-Feb 26	10:15 AM-10:45 AM	\$56/8	[19742]
Sa	Jan 8-Feb 26	11:00 AM-11:30 AM	\$56/8	[19744]
Sa	Jan 8-Feb 26	11:15 AM-11:45 AM	\$56/8	[19745]
Su	Jan 9-Feb 27	10:00 AM-10:30 AM	\$56/8	[19746]
Su	Jan 9-Feb 27	11:00 AM-11:30 AM	\$56/8	[19747]
Su	Jan 9-Feb 27	11:30 AM-12:00 PM	\$56/8	[19748]
Tu	Jan 11-Mar 1	04:15 PM-04:45 PM	\$56/8	[19736]
Tu	Jan 11-Mar 1	05:00 PM-05:30 PM	\$56/8	[19733]
Tu	Jan 11-Mar 1	05:30 PM-06:00 PM	\$56/8	[19735]
Tu	Jan 11-Mar 1	06:00 PM-06:30 PM	\$56/8	[19765]
W	Jan 12-Mar 2	04:00 PM-04:30 PM	\$56/8	[19737]
W	Jan 12-Mar 2	04:30 PM-05:00 PM	\$56/8	[19749]
W	Jan 12-Mar 2	06:00 PM-06:30 PM	\$56/8	[19738]
Th	Jan 13-Mar 3	04:00 PM-04:30 PM	\$56/8	[19739]
Th	Jan 13-Mar 3	04:30 PM-05:00 PM	\$56/8	[19740]
Th	Jan 13-Mar 3	06:00 PM-06:30 PM	\$56/8	[19741]
Sa	Mar 5-Apr 16	09:30 AM-10:00 AM	\$49/7	[19758]
Sa	Mar 5-Apr 16	10:15 AM-10:45 AM	\$49/7	[19757]
Sa	Mar 5-Apr 16	11:00 AM-11:30 AM	\$49/7	[19759]
Sa	Mar 5-Apr 16	11:15 AM-11:45 AM	\$49/7	[19760]
Su	Mar 6-Apr 17	10:00 AM-10:30 AM	\$49/7	[19761]

Su	Mar 6-Apr 17	11:00 AM-11:30 AM	\$49/7	[19762]
Su	Mar 6-Apr 17	11:30 AM-12:00 PM	\$49/7	[19763]
Tu	Mar 8-Apr 19	04:15 PM-04:45 PM	\$49/7	[19751]
Tu	Mar 8-Apr 26	05:00 PM-05:30 PM	\$56/8	[19734]
Tu	Mar 8-Apr 19	05:30 PM-06:00 PM	\$49/7	[19750]
Tu	Mar 8-Apr 19	06:00 PM-06:30 PM	\$49/7	[19766]
W	Mar 9-Apr 13	04:00 PM-04:30 PM	\$42/6	[19752]
W	Mar 9-Apr 13	06:00 PM-06:30 PM	\$42/6	[19753]
Th	Mar 10-Apr 14	04:00 PM-04:30 PM	\$42/6	[19754]
Th	Mar 10-Apr 14	04:30 PM-05:00 PM	\$42/6	[19755]
Th	Mar 10-Apr 14	06:00 PM-06:30 PM	\$42/6	[19756]
W	Mar 9-Apr 20	04:30 PM-05:00 PM	\$42/6	[19764]

Red Cross Swim Kids Level 4 (6Y-14Y)

Further development of front crawl (3 x 10m) and back glides. Swimmers work on kneeling dives, surface support and develop self-safety by understanding personal limits. Swim Preschool Transfer: Whale (completed).

Sa	Sep 11-Oct 30	08:45 AM-09:15 AM	\$56/8	[19010]
Sa	Sep 11-Oct 30	09:30 AM-10:00 AM	\$56/8	[19011]
Sa	Sep 11-Oct 30	10:30 AM-11:00 AM	\$56/8	[19012]
Sa	Sep 11-Oct 30	11:30 AM-12:00 PM	\$56/8	[19013]
Su	Sep 12-Oct 31	09:00 AM-09:30 AM	\$56/8	[19018]
Su	Sep 12-Oct 31	09:30 AM-10:00 AM	\$56/8	[19014]
Su	Sep 12-Oct 31	10:30 AM-11:00 AM	\$56/8	[19015]
Su	Sep 12-Oct 31	11:30 AM-12:00 PM	\$56/8	[19016]
Tu	Sep 14-Nov 2	05:00 PM-05:30 PM	\$56/8	[19005]
Tu	Sep 14-Nov 2	05:30 PM-06:00 PM	\$56/8	[19004]
W	Sep 15-Nov 3	05:00 PM-05:30 PM	\$56/8	[19006]
W	Sep 15-Nov 3	05:30 PM-06:00 PM	\$56/8	[19007]
Th	Sep 16-Nov 4	05:00 PM-05:30 PM	\$56/8	[19008]
Th	Sep 16-Nov 4	05:30 PM-06:00 PM	\$56/8	[19009]
Th	Sep 16-Nov 4	06:00 PM-06:30 PM	\$56/8	[19017]
Sa	Nov 6-Dec 18	08:45 AM-09:15 AM	\$49/7	[19025]
Sa	Nov 6-Dec 18	09:30 AM-10:00 AM	\$49/7	[19026]
Sa	Nov 6-Dec 18	10:30 AM-11:00 AM	\$49/7	[19027]
Sa	Nov 6-Dec 18	11:30 AM-12:00 PM	\$49/7	[19028]
Su	Nov 7-Dec 19	09:00 AM-09:30 AM	\$49/7	[19033]
Su	Nov 7-Dec 19	09:30 AM-10:00 AM	\$49/7	[19029]
Su	Nov 7-Dec 19	10:30 AM-11:00 AM	\$49/7	[19030]
Su	Nov 7-Dec 19	11:30 AM-12:00 PM	\$49/7	[19031]
Tu	Nov 9-Dec 21	05:00 PM-05:30 PM	\$49/7	[19020]
Tu	Nov 9-Dec 21	05:30 PM-06:00 PM	\$49/7	[19019]
W	Nov 10-Dec 15	05:00 PM-05:30 PM	\$42/6	[19021]
W	Nov 10-Dec 15	05:30 PM-06:00 PM	\$42/6	[19022]
Th	Nov 18-Dec 23	05:00 PM-05:30 PM	\$42/6	[19023]
Th	Nov 18-Dec 23	05:30 PM-06:00 PM	\$42/6	[19024]
Th	Nov 18-Dec 23	06:00 PM-06:30 PM	\$42/6	[19032]

Aquatics

Sa	Jan 8-Feb 26	08:45 AM-09:15 AM	\$56/8	[19774]
Sa	Jan 8-Feb 26	09:30 AM-10:00 AM	\$56/8	[19775]
Sa	Jan 8-Feb 26	10:30 AM-11:00 AM	\$56/8	[19776]
Sa	Jan 8-Feb 26	11:30 AM-12:00 PM	\$56/8	[19777]
Su	Jan 9-Feb 27	09:00 AM-09:30 AM	\$56/8	[19782]
Su	Jan 9-Feb 27	09:30 AM-10:00 AM	\$56/8	[19778]
Su	Jan 9-Feb 27	10:30 AM-11:00 AM	\$56/8	[19779]
Su	Jan 9-Feb 27	11:30 AM-12:00 PM	\$56/8	[19780]
Tu	Jan 11-Mar 1	05:00 PM-05:30 PM	\$56/8	[19769]
Tu	Jan 11-Mar 1	05:30 PM-06:00 PM	\$56/8	[19768]
W	Jan 12-Mar 2	05:00 PM-05:30 PM	\$56/8	[19770]
W	Jan 12-Mar 2	05:30 PM-06:00 PM	\$56/8	[19771]
Th	Jan 13-Mar 3	05:00 PM-05:30 PM	\$56/8	[19772]
Th	Jan 13-Mar 3	05:30 PM-06:00 PM	\$56/8	[19773]
Th	Jan 13-Mar 3	06:00 PM-06:30 PM	\$56/8	[19781]
Sa	Mar 5-Apr 16	08:45 AM-09:15 AM	\$49/7	[19789]
Sa	Mar 5-Apr 16	09:30 AM-10:00 AM	\$49/7	[19790]
Sa	Mar 5-Apr 16	10:30 AM-11:00 AM	\$49/7	[19791]
Sa	Mar 5-Apr 16	11:30 AM-12:00 PM	\$49/7	[19792]
Su	Mar 6-Apr 17	09:00 AM-09:30 AM	\$49/7	[19797]
Su	Mar 6-Apr 17	09:30 AM-10:00 AM	\$49/7	[19793]
Su	Mar 6-Apr 17	10:30 AM-11:00 AM	\$49/7	[19794]
Su	Mar 6-Apr 17	11:30 AM-12:00 PM	\$49/7	[19795]
Tu	Mar 8-Apr 19	05:00 PM-05:30 PM	\$49/7	[19784]
Tu	Mar 8-Apr 19	05:30 PM-06:00 PM	\$49/7	[19783]
W	Mar 9-Apr 13	05:00 PM-05:30 PM	\$42/6	[19785]
W	Mar 9-Apr 20	05:30 PM-06:00 PM	\$42/6	[19786]
Th	Mar 9-Apr 20	05:00 PM-05:30 PM	\$42/6	[19787]
Th	Mar 10-Apr 21	05:30 PM-06:00 PM	\$42/6	[19788]
Th	Mar 10-Apr 21	06:00 PM-06:30 PM	\$42/6	[19796]

Red Cross Swim Kids Level 5 (6Y-14Y)

Introduction to back crawl (3 x 15m), sculling skills, whip kick on the back and stride dives. Front crawl focus is on the hand entry.

Sa	Sep 11-Oct 30	09:00 AM-09:45 AM	\$62/8	[19038]
Sa	Sep 11-Oct 30	09:45 AM-10:30 AM	\$62/8	[19046]
Sa	Sep 11-Oct 30	10:45 AM-11:30 AM	\$62/8	[19037]
Su	Sep 12-Oct 31	09:00 AM-09:45 AM	\$62/8	[19047]
Su	Sep 12-Oct 31	11:00 AM-11:45 AM	\$62/8	[19048]
Tu	Sep 14-Nov 2	04:30 PM-05:15 PM	\$62/8	[19034]
W	Sep 15-Nov 3	04:30 PM-05:15 PM	\$62/8	[19035]
W	Sep 15-Nov 3	05:45 PM-06:30 PM	\$62/8	[19039]
Th	Sep 16-Nov 4	04:30 PM-05:15 PM	\$62/8	[19045]
Th	Sep 16-Nov 4	05:00 PM-05:45 PM	\$62/8	[19036]
Sa	Nov 6-Dec 18	09:00 AM-09:45 AM	\$55/7	[19044]
Sa	Nov 6-Dec 18	09:45 AM-10:30 AM	\$55/7	[19051]
Sa	Nov 6-Dec 18	10:45 AM-11:30 AM	\$55/7	[19043]

Su	Nov 7-Dec 19	09:00 AM-09:45 AM	\$55/7	[19052]
Su	Nov 7-Dec 19	11:00 AM-11:45 AM	\$55/7	[19053]
Tu	Nov 9-Dec 21	04:30 PM-05:15 PM	\$55/7	[19040]
W	Nov 10-Dec 15	04:30 PM-05:15 PM	\$47/6	[19041]
W	Nov 10-Dec 15	05:45 PM-06:30 PM	\$47/6	[19049]
Th	Nov 18-Dec 23	04:30 PM-05:15 PM	\$47/6	[19050]
Th	Nov 18-Dec 23	05:00 PM-05:45 PM	\$47/6	[19042]
Sa	Jan 8-Feb 26	09:00 AM-09:45 AM	\$62/8	[19802]
Sa	Jan 8-Feb 26	09:45 AM-10:30 AM	\$62/8	[19810]
Sa	Jan 8-Feb 26	10:45 AM-11:30 AM	\$62/8	[19801]
Su	Jan 9-Feb 27	09:00 AM-09:45 AM	\$62/8	[19811]
Su	Jan 9-Feb 27	11:00 AM-11:45 AM	\$62/8	[19812]
Tu	Jan 11-Mar 1	04:30 PM-05:15 PM	\$62/8	[19798]
W	Jan 12-Mar 2	04:30 PM-05:15 PM	\$62/8	[19799]
W	Jan 12-Mar 2	05:45 PM-06:30 PM	\$62/8	[19803]
Th	Jan 13-Mar 3	04:30 PM-05:15 PM	\$62/8	[19809]
Th	Jan 13-Mar 3	05:00 PM-05:45 PM	\$62/8	[19800]
Sa	Mar 5-Apr 16	09:00 AM-09:45 AM	\$55/7	[19808]
Sa	Mar 5-Apr 16	09:45 AM-10:30 AM	\$55/7	[19815]
Sa	Mar 5-Apr 16	10:45 AM-11:30 AM	\$55/7	[19807]
Su	Mar 6-Apr 17	09:00 AM-09:45 AM	\$55/7	[19816]
Su	Mar 6-Apr 17	11:00 AM-11:45 AM	\$55/7	[19817]
Tu	Mar 8-Apr 19	04:30 PM-05:15 PM	\$55/7	[19804]
W	Mar 16-Apr 20	04:30 PM-05:15 PM	\$47/6	[19805]
W	Mar 16-Apr 20	05:45 PM-06:30 PM	\$47/6	[19813]
Th	Mar 17-Apr 21	04:30 PM-05:15 PM	\$47/6	[19814]
Th	Mar 17-Apr 21	05:00 PM-05:45 PM	\$47/6	[19806]

Red Cross Swim Kids Level 6 (6Y-14Y)

Refinement of front crawl with a focus on body roll and breathing (3 x 25m), back crawl with a focus on arm positions (3 x 25m). Introduction to basic backstroke (3 x 15m), safety on ice and rescue of others with throwing assists. Swimmers demonstrate ability to tread water in deep water for 1½ minutes and front dive.

Sa	Sep 11-Oct 30	09:00 AM-09:45 AM	\$62/8	[19057]
Su	Sep 12-Oct 31	10:30 AM-11:15 AM	\$62/8	[19058]
Tu	Sep 14-Nov 2	05:15 PM-06:00 PM	\$62/8	[19054]
W	Sep 15-Nov 3	05:15 PM-06:00 PM	\$62/8	[19056]
Th	Sep 16-Nov 4	04:15 PM-05:00 PM	\$62/8	[19055]
Sa	Nov 6-Dec 18	09:00 AM-09:45 AM	\$55/7	[19063]
Su	Nov 7-Dec 19	10:30 AM-11:15 AM	\$55/7	[19064]
Tu	Nov 9-Dec 21	05:15 PM-06:00 PM	\$55/7	[19060]
W	Nov 10-Dec 15	05:15 PM-06:00 PM	\$47/6	[19062]
Th	Nov 18-Dec 23	04:15 PM-05:00 PM	\$47/6	[19061]
Sa	Jan 8-Feb 26	09:00 AM-09:45 AM	\$62/8	[19821]
Su	Jan 9-Feb 27	10:30 AM-11:15 AM	\$62/8	[19822]
Tu	Jan 11-Mar 1	05:15 PM-06:00 PM	\$62/8	[19818]
W	Jan 12-Mar 2	05:15 PM-06:00 PM	\$62/8	[19820]

Aquatics

Th	Jan 13-Mar 3	04:15 PM-05:00 PM	\$62/8	[19819]
Sa	Mar 5-Apr 16	09:00 AM-09:45 AM	\$55/7	[19826]
Su	Mar 6-Apr 17	10:30 AM-11:15 AM	\$55/7	[19827]
Tu	Mar 8-Apr 19	05:15 PM-06:00 PM	\$55/7	[19823]
W	Mar 9-Apr 13	05:15 PM-06:00 PM	\$47/6	[19825]
Th	Mar 10-Apr 14	04:15 PM-05:00 PM	\$47/6	[19824]

Red Cross Swim Kids Level 7 (6Y-14Y)

Continuation of front crawl (50m), back crawl (50m) and basic backstroke (3 x 25m) with an introduction to the whip kick on the front. Learn about airway and breathing obstructions and tread water to remain at the surface.

Sa	Sep 11-Oct 30	11:00 AM-11:45 AM	\$62/8	[19068]
Su	Sep 12-Oct 31	10:45 AM-11:30 AM	\$62/8	[19069]
Tu	Sep 14-Nov 2	04:30 PM-05:15 PM	\$62/8	[19072]
W	Sep 15-Nov 3	05:00 PM-05:45 PM	\$62/8	[19066]
Sa	Nov 6-Dec 18	11:00 AM-11:45 AM	\$55/7	[19070]
Su	Nov 7-Dec 19	10:45 AM-11:30 AM	\$55/7	[19071]
Tu	Nov 9-Dec 21	04:30 PM-05:15 PM	\$55/7	[19073]
W	Nov 10-Dec 15	05:00 PM-05:45 PM	\$47/6	[19067]
Sa	Jan 8-Feb 26	11:00 AM-11:45 AM	\$62/8	[19830]
Su	Jan 9-Feb 27	10:45 AM-11:30 AM	\$62/8	[19831]
Tu	Jan 11-Mar 1	04:30 PM-05:15 PM	\$62/8	[19834]
W	Jan 12-Mar 2	05:00 PM-05:45 PM	\$62/8	[19828]
Sa	Mar 5-Apr 16	11:00 AM-11:45 AM	\$55/7	[19832]
Su	Mar 6-Apr 17	10:45 AM-11:30 AM	\$55/7	[19833]
Tu	Mar 8-Apr 19	04:30 PM-05:15 PM	\$55/7	[19835]
W	Mar 9-Apr 13	05:00 PM-05:45 PM	\$47/6	[19829]

Red Cross Swim Kids Level 8 (6Y-14Y)

Introduction to breaststroke (3 x 15m), feet-first surface dives and rescue entries. Learn about the dangers of open water, hypothermia and the performance of rescue breathing.

Sa	Sep 11-Oct 30	09:45 AM-10:30 AM	\$62/8	[19076]
Tu	Sep 14-Nov 2	05:15 PM-06:00 PM	\$62/8	[19074]
Th	Sep 16-Nov 4	05:45 PM-06:30 PM	\$62/8	[19075]
Sa	Nov 6-Dec 18	09:45 AM-10:30 AM	\$55/7	[19079]
Tu	Nov 9-Dec 21	05:15 PM-06:00 PM	\$55/7	[19077]
Th	Nov 18-Dec 23	05:45 PM-06:30 PM	\$47/6	[19078]
Sa	Jan 8-Feb 26	09:45 AM-10:30 AM	\$62/8	[19838]
Tu	Jan 11-Mar 1	05:15 PM-06:00 PM	\$62/8	[19836]
Th	Jan 13-Mar 3	05:45 PM-06:30 PM	\$62/8	[19837]
Sa	Mar 5-Apr 16	09:45 AM-10:30 AM	\$55/7	[19841]
Tu	Mar 8-Apr 19	05:15 PM-06:00 PM	\$55/7	[19839]
Th	Mar 10-Apr 14	05:45 PM-06:30 PM	\$47/6	[19840]

Red Cross Swim Kids Level 9/10 (6Y-14Y)

In Level 9, work on refinement of front crawl, back crawl, basic backstroke, and breaststroke. Work on head-first shallow dives and standing dives, learn about self-rescue from ice and how to combine different strokes and kicks for fitness. In Level 10, final assessment of strokes for technique and distance. Introduction to butterfly and scissor kick as a warm-up or cool-down for fitness. Learn about sun safety, rescue of others from ice and head-first and feet first surface dives

Sa	Sep 11-Oct 30	10:30 AM-11:15 AM	\$62/8	[19081]
Su	Sep 12-Oct 31	09:45 AM-10:30 AM	\$62/8	[19082]
Th	Sep 16-Nov 4	05:15 PM-06:00 PM	\$62/8	[19080]
Sa	Nov 6-Dec 18	10:30 AM-11:15 AM	\$55/7	[19084]
Su	Nov 7-Dec 19	09:45 AM-10:30 AM	\$55/7	[19085]
Th	Nov 18-Dec 23	05:15 PM-06:00 PM	\$47/6	[19083]
Sa	Jan 8-Feb 26	10:30 AM-11:15 AM	\$62/8	[19843]
Su	Jan 9-Feb 27	09:45 AM-10:30 AM	\$62/8	[19844]
Th	Jan 13-Mar 3	05:15 PM-06:00 PM	\$62/8	[19842]
Sa	Mar 5-Apr 16	10:30 AM-11:15 AM	\$55/7	[19846]
Su	Mar 6-Apr 17	09:45 AM-10:30 AM	\$55/7	[19847]
Th	Mar 10-Apr 14	05:15 PM-06:00 PM	\$47/6	[19845]

Red Cross Swim Adult Basics (15Y+)

It's never too late to learn! Float, glide, kick and stroke to build your skill level - designed for beginners with little or no swim experience.

Sa	Sep 11-Oct 30	11:15 AM-12:00 PM	\$80/8	[18916]
M	Sep 13-Oct 25	05:15 PM-06:00 PM	\$70/7	[18915]
Sa	Nov 6-Dec 18	11:15 AM-12:00 PM	\$70/7	[18918]
M	Nov 8-Dec 20	05:15 PM-06:00 PM	\$70/7	[18917]
Sa	Jan 8-Feb 26	11:15 AM-12:00 PM	\$80/8	[19680]
M	Jan 10-Feb 21	05:15 PM-06:00 PM	\$70/7	[19679]
Sa	Mar 5-Apr 16	11:15 AM-12:00 PM	\$70/7	[19682]
M	Mar 7-Apr 18	05:15 PM-06:00 PM	\$70/7	[19681]

Red Cross Swim Adult Strokes (15Y+)

Develop one or more swimming strokes while working toward proficiency and increased endurance. Work with a Water Safety Instructor to choose your strokes and set goals.

Su	Sep 12-Oct 31	11:15 AM-12:00 PM	\$60/8	[18920]
Tu	Sep 14-Nov 2	06:00 PM-06:45 PM	\$60/8	[18919]
Su	Nov 7-Dec 19	11:15 AM-12:00 PM	\$53/7	[18922]
Tu	Nov 9-Dec 21	06:00 PM-06:45 PM	\$53/7	[18921]
Su	Jan 9-Feb 27	11:15 AM-12:00 PM	\$60/8	[19684]
Tu	Jan 11-Mar 1	06:00 PM-06:45 PM	\$60/8	[19683]
Su	Mar 6-Apr 17	11:15 AM-12:00 PM	\$53/7	[19686]
Tu	Mar 8-Apr 19	06:00 PM-06:45 PM	\$53/7	[19685]