

## SUMMER CAMPS

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Calling all campers! Gamers too! And gigglers, dreamers, run-arounders, splashers and dashers, bouncers and zoomers, sing-singers, swashbucklers, spinners, crafters, make-believers and fun-havers of every stripe. Got any plans this summer? We do!

Our camp philosophy is to help campers grow into the best little people they can be. Through play, campers explore their emotional, physical, social, mental and spiritual needs – the five pillars of wellness. But not that they'll notice... they'll be too busy laughing, bouncing, talking, learning and chilling out.

We've got a little something for everyone this summer – just choose your camp-onality:

### **The Preschooler (3Y-5Y)**

They may be little but it's always big fun at preschool camp. Have a super summer with crafts and creative pursuits, funny songs and sing-a-longs, games, sports and more.

### **The Everything Camper (6Y-12Y)**

The sky's the limit! Play all day with activities from A to Z. It's never a dull moment with games, cooking, climbing, swimming, crafts, fieldtrips and more.

### **The Artist (6Y-12Y)**

Take a walk on the creative side. Explore the wide world of art using paints and patterns, music and moves, drama and décor. Let the masterpieces begin!

### **The Athlete (6Y-12Y)**

Throw, run, hit, slide, shoot and score! A sports sampler for high energy campers including basketball, baseball, soccer, volleyball, football, ultimate frisbee and more.

### **The Golfer (6Y-12Y)**

Get the goods on Woods... Even Tiger Woods had to start somewhere! Learn how to golf like the pros with lectures, field trips, practice time and fitness.

### **The Climber (9Y-12Y)**

Reach new heights! Learn how to climb, or improve skills, through fun and competitive games. Includes lessons on safety, equipment, belaying, conditioning and technique.

#### **Too cool for camp?**

Check out our Youth Only programs on page 10 for teen-approved fun.

## 2009 Camp Planner

\*Note: Bar codes have been included for each camp to assist you in planning your childrens camp schedule. Refer to specific info on your camp choice.

CAMP-ONALITY	AGE	TIME	JULY 6 TO JULY 10	JULY 13 TO JULY 17	JULY 20 TO JULY 24	JULY 27 TO JULY 31	AUG 4 TO AUG 7	AUG 10 TO AUG 14	AUG 17 TO AUG 21	AUG 24 TO AUG 26
			WILD WEST	ICAMP	AROUND THE WORLD	TIME WARP		SECRETS OF SCIENCE	CARDEL IDOL	
The Preschooler	3Y-5Y	9AM-12PM	» Wigglers - \$94 » 14913	» Wigglers - \$94 » 14915	» Wigglers - \$94 » 14917	» Wigglers - \$94 » 14919	» Wigglers - \$75 » 14921	» Wigglers - \$94 » 14923	» Wigglers - \$94 » 14925	» Wigglers - \$57 » 14927
The Preschooler	3Y-5Y	1PM-4PM	» Wigglers - \$94 » 14914	» Wigglers - \$94 » 14916	» Wigglers - \$94 » 14918	» Wigglers - \$94 » 14920	» Wigglers - \$75 » 14922	» Wigglers - \$94 » 14924	» Wigglers - \$94 » 14926	» Wigglers - \$57 » 14928
The Preschooler	3Y-5Y	9AM-12PM	» Zoomers - \$94 » 14929	» Zoomers - \$94 » 14931	» Zoomers - \$94 » 14933	» Zoomers - \$94 » 14935	» Zoomers - \$75 » 14937	» Zoomers - \$94 » 14939	» Zoomers - \$94 » 14941	» Zoomers - \$57 » 14943
The Preschooler	3Y-5Y	1PM-4PM	» Zoomers - \$94 » 14930	» Zoomers - \$94 » 14932	» Zoomers - \$94 » 14934	» Zoomers - \$94 » 14936	» Zoomers - \$75 » 14938	» Zoomers - \$94 » 14940	» Zoomers - \$94 » 14942	» Zoomers - \$57 » 14944
The Preschooler	3Y-5Y	9AM-12PM	» Jammers - \$94 » 14945	» Jammers - \$94 » 14947	» Jammers - \$94 » 14949	» Jammers - \$94 » 14951	» Jammers - \$75 » 14953	» Jammers - \$94 » 14955	» Jammers - \$94 » 14957	» Jammers - \$57 » 14959
The Preschooler	3Y-5Y	1PM-4PM	» Jammers - \$94 » 14946	» Jammers - \$94 » 14948	» Jammers - \$94 » 14950	» Jammers - \$94 » 14952	» Jammers - \$75 » 14954	» Jammers - \$94 » 14956	» Jammers - \$94 » 14958	» Jammers - \$57 » 14960
The Everything Camper	6Y-8Y	9AM-4PM	» Explorers - \$192 » 14889	» Explorers - \$192 » 14890	» Explorers - \$192 » 14891	» Explorers - \$192 » 14892	» Explorers - \$154 » 14893	» Explorers - \$192 » 14894	» Explorers - \$192 » 14895	» Explorers - \$116 » 14896
The Everything Camper	6Y-8Y	9AM-4PM	» Go-Getters - \$192 » 14897	» Go-Getters - \$192 » 14898	» Go-Getters - \$192 » 14899	» Go-Getters - \$192 » 14900	» Go-Getters - \$154 » 14901	» Go-Getters - \$192 » 14902	» Go-Getters - \$192 » 14903	» Go-Getters - \$116 » 14904
The Artist	6Y-8Y	9AM-4PM	» Imagineers - \$192 » 14961	» Imagineers - \$192 » 14962	» Imagineers - \$192 » 14963	» Imagineers - \$192 » 14964	» Imagineers - \$154 » 14965	» Imagineers - \$192 » 14966	» Imagineers - \$192 » 14967	» Imagineers - \$116 » 14968
The Athlete	6Y-8Y	9AM-4PM	» Kid-letes - \$171 » 14977	» Kid-letes - \$171 » 14978	» Kid-letes - \$171 » 14979	» Kid-letes - \$171 » 14980	» Kid-letes - \$137 » 14981	» Kid-letes - \$171 » 14982	» Kid-letes - \$171 » 14983	» Kid-letes - \$103 » 14984
The Athlete	6Y-8Y	9AM-4PM		» All Stars - \$171 » 14985		» All Stars - \$171 » 14986	» All Stars - \$137 » 14987		» All Stars - \$171 » 14988	» All Stars - \$103 » 14989
The Golfer	6Y-8Y	9AM-4PM			» Mini Putters - \$195 » 14990			» Mini Putters - \$195 » 14991		
The Everything Camper	9Y-12Y	9AM-4PM	» Challengers - \$192 » 14905	» Challengers - \$192 » 14906	» Challengers - \$192 » 14907	» Challengers - \$192 » 14908	» Challengers - \$154 » 14909	» Challengers - \$192 » 14910	» Challengers - \$192 » 14911	» Challengers - \$116 » 14912
The Artist	9Y-12Y	9AM-4PM	» Artbusters - \$192 » 14969	» Artbusters - \$192 » 14970	» Artbusters - \$192 » 14971	» Artbusters - \$192 » 14972	» Artbusters - \$154 » 14973	» Artbusters - \$192 » 14974	» Artbusters - \$192 » 14975	» Artbusters - \$116 » 14976
The Athlete	9Y-12Y	9AM-4PM	» Sport Troopers - \$171 » 14994	» Sport Troopers - \$171 » 14995	» Sport Troopers - \$171 » 14996	» Sport Troopers - \$171 » 14997	» Sport Troopers - \$137 » 14998	» Sport Troopers - \$171 » 14999	» Sport Troopers - \$171 » 15000	» Sport Troopers - \$103 » 15001
The Athlete	9Y-12Y	9AM-4PM	» Xtreme Team - \$171 » 15002	» Xtreme Team - \$171 » 15003		» Xtreme Team - \$171 » 15004	» Xtreme Team - \$137 » 15005		» Xtreme Team - \$171 » 15006	» Xtreme Team - \$103 » 15007
The Golfer	9Y-12Y	9AM-4PM			» Swing Kids - \$195 » 14992			» Swing Kids - \$195 » 14993		
The Climber	9Y-12Y	9AM-12PM	» Rock Stars - \$99 » 15059	» Rock Stars - \$99 » 15060	» Rock Stars - \$99 » 15061	» Rock Stars - \$99 » 15062	» Rock Stars - \$79 » 15063	» Rock Stars - \$99 » 15064	» Rock Stars - \$99 » 15065	» Rock Stars - \$59 » 15066

Pre and post care is available for each day camp at a cost of \$5 each per day. Call Guest Services to register.

## Summer Camps Theme Week Descriptions

**JUL 6-JUL 10 WILD WEST** : Yee Haw! Mosey on down to Cardel Place this Stampede. Explore all things western and find out just how 'wild' the west really was.

**JUL 13-JUL 17 ICAMP** : Upgrade, download and login to a whole new world. Get ready for a gigabyte of fun as we check out how we use technology to play.

**JUL 20-JUL 24 AROUND THE WORLD**: Join us on an amazing ride as we explore new people, places and things. Campers are welcome to share their own culture and heritage as we globe trot around the world.

**JUL 27-JUL 31 TIME WARP** : Brace yourself! We're stepping into the time machine to experience a blast from the past. It's all things retro as we turn back the clock and kick it 'old school'.

**AUG 10-AUG 14 SECRETS OF SCIENCE**: How'd they do that? Come out for a magical time as we conduct experiments and make new discoveries in the Cardel Place lab.

**AUG 17-AUG 21 CARDEL IDOL**: Do you have what it takes to be Cardel Place's next star? Celebrate the many talents of our campers and staff with a little Idol-inspired fun.

# Meet

## YOUTH ONLY

Beat boredom this summer before boredom beats you. Our youth only programs focus on sport training, leadership and well, what teens and tweens do best: socializing. Camps are for kids... get real with these great summer gigs:

### Athletes-in-Training (12Y-16Y)

Sport specific training including skill development, conditioning, stretching, drills and games. A great way to meet other athletes and prep for fall sports.

<i>BASKETBALL</i>				
M-F	Jul 13-17	01:00 PM-04:00 PM	\$96/5	[15054]
<i>BADMINTON</i>				
M-F	Jul 20-24	01:00 PM-04:00 PM	\$96/5	[15056]
<i>SOCCER</i>				
M-F	Jul 27-31	09:00 AM-12:00 PM	\$96/5	[15067]
<i>BASEBALL</i>				
Tu-F	Aug 4-7	01:00 PM-04:00 PM	\$77/4	[15070]
<i>VOLLEYBALL</i>				
Tu-F	Aug 4-7	09:00 AM-12:00 PM	\$77/4	[15069]
<i>FLOOR HOCKEY</i>				
M-F	Aug 17-21	09:00 AM-12:00 PM	\$96/5	[15071]
<i>MULTI-SPORT</i>				
M-W	Aug 24-26	09:00 AM-04:00 PM	\$116/3	[15073]



**Babysitting 101 (11Y-16Y)**

All you need to know about babysitting, and more! This week long program includes our Red Cross babysitter's course and certification plus additional training and hands-on experiences for babysitters-to-be.

M-F	Jul 6-10	09:00 AM-04:00 PM	\$171/5	[15051]
M-F	Aug 10-14	09:00 AM-04:00 PM	\$171/5	[15052]

**Fit for YOUth (12Y-16Y)**

An introduction to holistic health and well being for youth. Summer is a great time to achieve fitness and health goals - discover a 'whole' new self with nutrition workshops, weight training, cardio workouts and stretching. All abilities and goals welcome.

M-F	Jul 13-17	09:00 AM-12:00 PM	\$96/5	[15053]
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**Girls Just Wanna Have Fun (12Y-16Y)**

Get together with friends or come out and meet new ones. Find your inner diva with yoga, dance, fitness circuits, spa activities, candle-making and more. Girls only.

M-F	Aug 17-21	01:00 PM-04:00 PM	\$96/5	[15072]
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**Good Fellas (12Y-16Y)**

Hang with the guys this summer. Activities include obstacle courses, weights, sports and more. Boys only.

M-F	Jul 27-31	01:00 PM-04:00 PM	\$96/5	[15068]
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**Youth Leadership (12Y-16Y)**

Want to be more active in your school, community or at work? Get ahead with leadership training including first aid certification and more. Opportunities are available for participants to volunteer with summer camps in the weeks that follow to gain more experience and work with qualified leaders.

M-F	Jul 20-24	09:00 AM-12:00 PM	\$96/5	[15055]
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**Friday Night Youth Drop-In (12Y-17Y)**

Make Friday's fun! Meet new friends or catch up with old ones, check out the latest video games, listen to music or just hang out and relax – there's always something new and exciting to do. In partnership with Northern Hills Community Association, The City of Calgary and Aspen Family Services, Cardel Place is dedicated to providing a safe and social environment for youth in our community. Call Guest Services at 403-532-1013 for more information.

F	May 1-Jun 26	07:00 PM-10:00 PM		
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