

CLIMBING

Climbing Basics (14Y+)

An introduction for those with little or no climbing experience. Everything you need to know to complete a belay check and climb during drop-in climbing hours. Learn how to use all climbing gear, tie proper knots, belay, and reach for the top!

Su	Jan 10	04:00 PM-05:30 PM	\$25/1	[17148]
Su	Jan 17	04:00 PM-05:30 PM	\$25/1	[17149]
Su	Jan 24	04:00 PM-05:30 PM	\$25/1	[17150]
Su	Jan 31	04:00 PM-05:30 PM	\$25/1	[17151]
Su	Feb 07	04:00 PM-05:30 PM	\$25/1	[17152]
Su	Feb 14	04:00 PM-05:30 PM	\$25/1	[17153]
Su	Feb 21	04:00 PM-05:30 PM	\$25/1	[17154]
Su	Feb 28	04:00 PM-05:30 PM	\$25/1	[17155]
Su	Mar 07	04:00 PM-05:30 PM	\$25/1	[17156]
Su	Mar 14	04:00 PM-05:30 PM	\$25/1	[17157]
Su	Mar 21	04:00 PM-05:30 PM	\$25/1	[17158]
Su	Mar 28	04:00 PM-05:30 PM	\$25/1	[17159]
Su	Apr 11	04:00 PM-05:30 PM	\$25/1	[17160]
Su	Apr 18	04:00 PM-05:30 PM	\$25/1	[17161]
Su	Apr 25	04:00 PM-05:30 PM	\$25/1	[17162]

Family Climbing Basics (4Y+)

Learn to climb with your family! Parents learn how to properly belay their child and assist them with climbing equipment but are not required to climb. Price is per family member (maximum two children per adult).

Sa	Jan 09	10:30 AM-12:00 PM	\$18/1	[17179]
Sa	Jan 16	10:30 AM-12:00 PM	\$18/1	[17180]

Play

Sa	Jan 23	10:30 AM-12:00 PM	\$18/1	[17181]
Sa	Jan 30	10:30 AM-12:00 PM	\$18/1	[17182]
Sa	Feb 06	10:30 AM-12:00 PM	\$18/1	[17183]
Sa	Feb 13	10:30 AM-12:00 PM	\$18/1	[17184]
Sa	Feb 20	10:30 AM-12:00 PM	\$18/1	[17185]
Sa	Feb 27	10:30 AM-12:00 PM	\$18/1	[17186]
Sa	Mar 06	10:30 AM-12:00 PM	\$18/1	[17187]
Sa	Mar 13	10:30 AM-12:00 PM	\$18/1	[17188]
Sa	Mar 20	10:30 AM-12:00 PM	\$18/1	[17189]
Sa	Mar 27	10:30 AM-12:00 PM	\$18/1	[17190]
Sa	Apr 10	10:30 AM-12:00 PM	\$18/1	[17191]
Sa	Apr 17	10:30 AM-12:00 PM	\$18/1	[17192]
Sa	Apr 24	10:30 AM-12:00 PM	\$18/1	[17193]

Courageous Climbers (6Y-8Y)

A fun and exciting program for young climbers. Participants learn the fundamentals of climbing and develop confidence, flexibility, muscular endurance and body awareness in a safe and encouraging setting.

Tu	Jan 12-Feb 2	05:15 PM-06:15 PM	\$48/4	[17163]
W	Jan 13-Feb 3	05:15 PM-06:15 PM	\$48/4	[17164]
Tu	Feb 9-Mar 2	05:15 PM-06:15 PM	\$48/4	[17165]
W	Feb 10-Mar 3	05:15 PM-06:15 PM	\$48/4	[17166]
Tu	Mar 9-Mar 30	05:15 PM-06:15 PM	\$48/4	[17167]
W	Mar 10-Mar 31	05:15 PM-06:15 PM	\$48/4	[17168]
Tu	Apr 6-Apr 27	05:15 PM-06:15 PM	\$48/4	[17169]
W	Apr 7-Apr 28	05:15 PM-06:15 PM	\$48/4	[17170]

Jr. Climbing Series (9Y-12Y)

An introduction to climbing for youth. Under the guidance of a climbing instructor participants learn how to belay and become efficient in using the necessary equipment. Practice and games help to build confidence and skill level on the wall.

Tu	Jan 12-Feb 2	06:30 PM-08:00 PM	\$60/4	[17171]
W	Jan 13-Feb 3	06:30 PM-08:00 PM	\$60/4	[17172]
Tu	Feb 9-Mar 2	06:30 PM-08:00 PM	\$60/4	[17173]
W	Feb 10-Mar 3	06:30 PM-08:00 PM	\$60/4	[17174]
Tu	Mar 9-Mar 30	06:30 PM-08:00 PM	\$60/4	[17175]
W	Mar 10-Mar 31	06:30 PM-08:00 PM	\$60/4	[17176]
Tu	Apr 6-Apr 27	06:30 PM-08:00 PM	\$60/4	[17177]
W	Apr 7-Apr 28	06:30 PM-08:00 PM	\$60/4	[17178]

Check out “Boulder Bootcamp” for adults on page 12.

Cardel Climbing Club (9Y-17Y)

A weekly club for intermediate youth climbers. Participants learn how to approach different climbing situations while working on technique, movement, safe belaying, bouldering, team work and fun competition. Prerequisite: Previous climbing experience and/or completion of the Jr. Climbing Series.

Su	Jan 10-Feb 28	10:30 AM-12:00 PM	\$118/8	[17146]
Su	Mar 7-Apr 25	10:30 AM-12:00 PM	\$103/7	[17147]



Check out “Climbing Conditioning for Teens” on page 6.