

## INFANT SWIMMING RESOURCE

Cardel Place is proud to be the first facility in Canada to offer the Infant Swimming Resource (ISR) program. ISR teaches babies (6M-12M) how to orient themselves in the water and to roll to a back float position to rest and breathe. Children 13M-6Y are taught to swim for a short distance then roll into a back float position to breathe, to turn back over to swim again in search of an exit and to perform this swim-float-swim sequence as many times as necessary until they are able to get themselves out of the water. For more information visit [www.infantswim.com](http://www.infantswim.com). Call 403-831-2591 to obtain schedule and pricing information or to register your infant/child today.

