

## SKATING

### Parent and Tot Sk8 (3Y-5Y)

With their parents by their side, kids learn to be comfortable on ice by playing games and developing basic balance and coordination skills. Preschoolers learn to how to fall down, get up, balance and glide. Parents must be comfortable on skates and wear skates.

Sa	Jan 9-Feb 27	10:45 AM-11:15 AM	\$72/8	[16988]
Sa	Jan 9-Feb 27	12:15 PM-12:45 PM	\$72/8	[16989]
Tu	Jan 12-Mar 2	06:15 PM-06:45 PM	\$72/8	[16986]
Th	Jan 14-Mar 4	06:15 PM-06:45 PM	\$72/8	[16987]
Sa	Mar 6-Apr 24	10:45 AM-11:15 AM	\$72/8	[16992]
Sa	Mar 6-Apr 24	12:15 PM-12:45 PM	\$72/8	[16993]
Tu	Mar 9-Apr 27	06:15 PM-06:45 PM	\$72/8	[16990]
Th	Mar 11-Apr 29	06:15 PM-06:45 PM	\$72/8	[16991]

### Pre Sk8 Beginner (3Y-5Y)

We use group fun and games to help brand new 'sk8'rs gain balance and confidence on the ice. Pre-schoolers learn how to fall down, get up, balance, walk and glide.

Sa	Jan 9-Feb 27	10:45 AM-11:15 AM	\$76/8	[16971]
Sa	Jan 9-Feb 27	10:45 AM-11:15 AM	\$76/8	[16972]
Sa	Jan 9-Feb 27	10:45 AM-11:15 AM	\$76/8	[16970]
Tu	Jan 12-Mar 2	04:45 PM-05:15 PM	\$76/8	[16968]
Th	Jan 14-Mar 4	04:45 PM-05:15 PM	\$76/8	[16969]
Sa	Mar 6-Apr 24	10:45 AM-11:15 AM	\$76/8	[16975]
Sa	Mar 6-Apr 24	10:45 AM-11:15 AM	\$76/8	[16976]
Sa	Mar 6-Apr 24	10:45 AM-11:15 AM	\$76/8	[16977]
Tu	Mar 9-Apr 27	04:45 PM-05:15 PM	\$76/8	[16973]
Th	Mar 11-Apr 29	04:45 PM-05:15 PM	\$76/8	[16974]

### Pre SK8 Intermediate (3Y-5Y)

The fun and games continue as pre-schoolers learn to how to glide, two foot scull, L push, forward snowplow stop and jump while gliding. Prerequisite: Pre Sk8 Beginner or equivalent.

Sa	Jan 9-Feb 27	10:45 AM-11:15 AM	\$76/8	[16998]
Sa	Jan 9-Feb 27	10:45 AM-11:15 AM	\$76/8	[16997]
Tu	Jan 12-Mar 2	04:45 PM-05:15 PM	\$76/8	[16994]
Th	Jan 14-Mar 4	04:45 PM-05:15 PM	\$76/8	[16995]
Th	Jan 14-Mar 4	04:45 PM-05:15 PM	\$76/8	[16996]
Sa	Mar 6-Apr 24	10:45 AM-11:15 AM	\$76/8	[17002]
Sa	Mar 6-Apr 24	10:45 AM-11:15 AM	\$76/8	[17003]
Tu	Mar 9-Apr 27	04:45 PM-05:15 PM	\$76/8	[16999]
Th	Mar 11-Apr 29	04:45 PM-05:15 PM	\$76/8	[17000]
Th	Mar 11-Apr 29	04:45 PM-05:15 PM	\$76/8	[17001]

# Play

## Cardel Sk8 1 (6Y-14Y)

For skaters with little or no experience on skates, this program helps them gain confidence and learn basic skills such as walking, falling, pushing, gliding and balance.

Sa	Jan 9-Feb 27	11:25 AM-12:10 PM	\$85/8	[16900]
Sa	Jan 9-Feb 27	11:25 AM-12:10 PM	\$85/8	[16899]
Sa	Jan 9-Feb 27	12:15 PM-01:00 PM	\$85/8	[16901]
Tu	Jan 12-Mar 2	04:30 PM-05:15 PM	\$85/8	[16894]
Tu	Jan 12-Mar 2	05:25 PM-06:10 PM	\$85/8	[16895]
Th	Jan 14-Mar 4	04:30 PM-05:15 PM	\$85/8	[16896]
Th	Jan 14-Mar 4	05:25 PM-06:10 PM	\$85/8	[16897]
Th	Jan 14-Mar 4	06:15 PM-07:00 PM	\$85/8	[16898]
Sa	Mar 6-Apr 24	11:25 AM-12:10 PM	\$85/8	[16908]
Sa	Mar 6-Apr 24	11:25 AM-12:10 PM	\$85/8	[16909]
Sa	Mar 6-Apr 24	12:15 PM-01:00 PM	\$85/8	[16910]
Tu	Mar 9-Apr 27	04:30 PM-05:15 PM	\$85/8	[16903]
Tu	Mar 9-Apr 27	05:25 PM-06:10 PM	\$85/8	[16904]
Th	Mar 11-Apr 29	04:30 PM-05:15 PM	\$85/8	[16905]
Th	Mar 11-Apr 29	05:25 PM-06:10 PM	\$85/8	[16906]
Th	Mar 11-Apr 29	06:15 PM-07:00 PM	\$85/8	[16907]

## Cardel Sk8 2 (6Y-14Y)

You can balance comfortably on skates. Now work on forward and backward gliding, forward snowplow stops and jump while gliding. Prerequisite: Cardel Sk8 1 or equivalent.

Sa	Jan 9-Feb 27	11:25 AM-12:10 PM	\$85/8	[16917]
Sa	Jan 9-Feb 27	11:25 AM-12:10 PM	\$85/8	[16916]
Sa	Jan 9-Feb 27	12:15 PM-01:00 PM	\$85/8	[16918]
Tu	Jan 12-Mar 2	04:30 PM-05:15 PM	\$85/8	[16911]
Tu	Jan 12-Mar 2	05:25 PM-06:10 PM	\$85/8	[16912]
Th	Jan 14-Mar 4	04:30 PM-05:15 PM	\$85/8	[16913]
Th	Jan 14-Mar 4	05:25 PM-06:10 PM	\$85/8	[16914]
Th	Jan 14-Mar 4	05:25 PM-06:10 PM	\$85/8	[16915]
Sa	Mar 6-Apr 24	11:25 AM-12:10 PM	\$85/8	[16925]
Sa	Mar 6-Apr 24	11:25 AM-12:10 PM	\$85/8	[16924]
Sa	Mar 6-Apr 24	12:15 PM-01:00 PM	\$85/8	[16926]
Tu	Mar 9-Apr 27	04:30 PM-05:15 PM	\$85/8	[16919]
Tu	Mar 9-Apr 27	05:25 PM-06:10 PM	\$85/8	[16920]
Th	Mar 11-Apr 29	04:30 PM-05:15 PM	\$85/8	[16921]
Th	Mar 11-Apr 29	05:25 PM-06:10 PM	\$85/8	[16922]
Th	Mar 11-Apr 29	05:25 PM-06:10 PM	\$85/8	[16923]

## Cardel Sk8 3 (6Y-14Y)

You can do the basics - forward skating, pushing, gliding and backward skating as well as stopping. Now you're ready for more. Learn one foot glides, circle thrusts, backward sculling and two foot tight turns. Prerequisite: Cardel Sk8 2 or equivalent.

Sa	Jan 9-Feb 27	11:25 AM-12:10 PM	\$85/8	[16952]
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Sa	Jan 9-Feb 27	12:15 PM-01:00 PM	\$85/8	[16953]
Tu	Jan 12-Mar 2	05:25 PM-06:10 PM	\$85/8	[16949]
Th	Jan 14-Mar 4	05:25 PM-06:10 PM	\$85/8	[16950]
Th	Jan 14-Mar 4	06:15 PM-07:00 PM	\$85/8	[16951]
Sa	Mar 6-Apr 24	11:25 AM-12:10 PM	\$85/8	[16957]
Sa	Mar 6-Apr 24	12:15 PM-01:00 PM	\$85/8	[16958]
Tu	Mar 9-Apr 27	05:25 PM-06:10 PM	\$85/8	[16954]
Th	Mar 11-Apr 29	05:25 PM-06:10 PM	\$85/8	[16955]
Th	Mar 11-Apr 29	06:15 PM-07:00 PM	\$85/8	[16956]



## Cardel Sk8 4 (6Y-14Y)

The next step for 'sk8'rs. Learn one foot glides on a curve, walking crossovers, backward circle thrusts and two for side stops. Prerequisite: Cardel Sk8 3 or equivalent.

Sa	Jan 9-Feb 27	11:25 AM-12:10 PM	\$85/8	[16961]
Sa	Jan 9-Feb 27	12:15 PM-01:00 PM	\$85/8	[16962]
Tu	Jan 12-Mar 2	05:25 PM-06:10 PM	\$85/8	[16959]
Th	Jan 14-Mar 4	05:25 PM-06:10 PM	\$85/8	[16960]
Sa	Mar 6-Apr 24	11:25 AM-12:10 PM	\$85/8	[17006]
Sa	Mar 6-Apr 24	12:15 PM-01:00 PM	\$85/8	[17007]
Tu	Mar 9-Apr 27	05:25 PM-06:10 PM	\$85/8	[16963]
Th	Mar 11-Apr 29	05:25 PM-06:10 PM	\$85/8	[16964]

# Play

## Cardel Sk8 5/6 (6Y-14Y)

For good 'sk8'rs who want to be better. Learn forward and backward spirals, crossovers, edges, as well as T stops, mohawks. Prerequisite: Cardel Sk8 4/5 or equivalent.

Tu	Jan 12-Mar 2	06:15 PM-07:00 PM	\$85/8	[16965]
Tu	Mar 9-Apr 27	06:15 PM-07:00 PM	\$85/8	[16966]

## Power Sk8 (7Y-14Y)

A recreation-based program focused on improving skating skill, agility and quickness. Improve stopping, crossover and turning techniques through fun activities and games. Prerequisite: Cardel SK8 3 or equivalent.

Th	Jan 14-Mar 4	06:15 PM-07:00 PM	\$85/8	[17016]
Th	Mar 11-Apr 29	06:15 PM-07:00 PM	\$85/8	[17017]

## Cardel Adult SK8 – Beginner (14Y+)

You're never too old to skate. And we make it as fun for adults as we do for kids. We'll help you conquer skater apprehension, learn to fall without hurting yourself and the balance and posture to move forward, stop, turn and skate backwards.

Tu	Jan 12-Mar 2	06:15 PM-07:00 PM	\$88/8	[16892]
Tu	Mar 9-Apr 27	06:15 PM-07:00 PM	\$88/8	[16893]

## Cardel SK8 – Private Lessons (3Y+)

For skaters who want to start the sport or improve their current skating techniques in a one on one setting.

Sa	Jan 9-Feb 27	12:15 PM-12:45 PM	\$240/8	[17010]
Tu	Jan 12-Mar 2	06:15 PM-06:45 PM	\$240/8	[17008]
Th	Jan 14-Mar 4	06:15 PM-06:45 PM	\$240/8	[17009]
Sa	Mar 6-Apr 24	12:15 PM-12:45 PM	\$240/8	[17013]
Tu	Mar 9-Apr 27	06:15 PM-06:45 PM	\$240/8	[17011]
Th	Mar 11-Apr 29	06:15 PM-06:45 PM	\$240/8	[17012]