

## SPORTBALL



Sportball is a unique non-competitive sports program for children 16M-8Y that recognizes the importance of developing fundamental movement skills in the early years. Sportball programs focus on seven popular

ball sports: hockey, soccer, basketball, baseball, volleyball, tennis and golf. Children are taught the fundamental skills of each sport through creative instruction from experienced Sportball coaches. See [www.sportball.ca](http://www.sportball.ca) for more information.

### Me & My Dad (2Y-3.5Y)

This program is designed to guide parents and their children through introductory skills. Parents are also instructed on how to correctly assist their children in learning these new skills. Games and skills are taught in a fun and creative manner by using story lines to encourage participation.

|    |              |                   |         |         |
|----|--------------|-------------------|---------|---------|
| Sa | Jan 9-Feb 27 | 08:30 AM-09:15 AM | \$168/8 | [17071] |
| Sa | Jan 9-Feb 27 | 09:25 AM-10:10 AM | \$168/8 | [17072] |
| Sa | Mar 6-Apr 24 | 08:30 AM-09:15 AM | \$147/7 | [17080] |
| Sa | Mar 6-Apr 24 | 09:25 AM-10:10 AM | \$147/7 | [17081] |

### Multi-Sport (3Y-6Y)

Sportball's Multi-Sport program introduces children to the FUNdamentals of seven different ball sports. Games and skills are taught in a non-competitive and supportive environment.

*(3Y-4.5Y)*

|    |              |                   |         |         |
|----|--------------|-------------------|---------|---------|
| Sa | Jan 9-Feb 27 | 10:15 AM-11:00 AM | \$168/8 | [17076] |
| Sa | Mar 6-Apr 24 | 10:15 AM-11:00 AM | \$147/7 | [17078] |

*(4.5Y-6Y)*

|    |              |                   |         |         |
|----|--------------|-------------------|---------|---------|
| Sa | Jan 9-Feb 27 | 11:20 AM-12:20 PM | \$168/8 | [17077] |
| Sa | Mar 6-Apr 24 | 11:20 AM-12:20 PM | \$147/4 | [17079] |