

8. Skate

aPreschool

Parent and Tot Sk8 Age: 3Y - 5Y

Be there for your preschooler's first introduction to ice. Playing games to develop coordination, students learn how to fall down, get up, balance and glide. Parents must be comfortable on ice with skates.

Sa	Jan 7-Feb 25	12:15 PM-12:45 PM	\$72/8	[23278]
Tu	Jan 10-Feb 28	06:15 PM-06:45 PM	\$72/8	[23276]
Th	Jan 12-Mar 1	04:45 PM-05:15 PM	\$72/8	[23277]
Sa	Mar 3-Apr 21	12:15 PM-12:45 PM	\$63/7	[23281]
Tu	Mar 6-Apr 24	06:15 PM-06:45 PM	\$72/8	[23279]
Th	Mar 8-Apr 26	04:45 PM-05:15 PM	\$72/8	[23280]

Pre Sk8 Beginner Age: 3Y - 5Y

It's all fun and games as new skaters gain balance and learn how to fall down, get up, walk and glide on ice.

Sa	Jan 7-Feb 25	10:45 AM-11:15 AM	\$72/8	[22863]
Tu	Jan 10-Feb 28	04:45 PM-05:15 PM	\$72/8	[22861]
Th	Jan 12-Mar 1	04:45 PM-05:15 PM	\$72/8	[22862]
Sa	Mar 3-Apr 21	10:45 AM-11:15 AM	\$63/7	[22868]
Tu	Mar 6-Apr 24	04:45 PM-05:15 PM	\$72/8	[22866]
Th	Mar 8-Apr 26	04:45 PM-05:15 PM	\$72/8	[22867]

Pre SK8 Intermediate Age: 3Y - 5Y

The fun and games continue as pre-schoolers learn how to advance forward & backward skating, forward stop and jump on the spot. Prerequisite: Pre Sk8 Beginner or equivalent.

Sa	Jan 7-Feb 25	10:45 AM-11:15 AM	\$72/8	[23269]
Tu	Jan 10-Feb 28	04:45 PM-05:15 PM	\$72/8	[23266]
Th	Jan 12-Mar 1	04:45 PM-05:15 PM	\$72/8	[23267]
Th	Jan 12-Mar 1	06:15 PM-06:45 PM	\$72/8	[23268]
Sa	Mar 3-Apr 21	10:45 AM-11:15 AM	\$63/7	[23274]
Tu	Mar 6-Apr 24	04:45 PM-05:15 PM	\$72/8	[23271]
Th	Mar 8-Apr 26	04:45 PM-05:15 PM	\$72/8	[23272]
Th	Mar 8-Apr 26	06:15 PM-06:45 PM	\$72/8	[23273]

bChild

Cardel Sk8 1 Age: 6Y - 14Y

Gain confidence and learn basic skills such as walking, falling, pushing, gliding and balance.

Sa	Jan 7-Feb 25	11:25 AM-12:10 PM	\$90/8	[22850]
Tu	Jan 10-Feb 28	04:30 PM-05:15 PM	\$90/8	[22845]
Tu	Jan 10-Feb 28	05:25 PM-06:10 PM	\$90/8	[22846]
Th	Jan 12-Mar 1	04:30 PM-05:15 PM	\$90/8	[22847]
Th	Jan 12-Mar 1	05:25 PM-06:10 PM	\$90/8	[22848]
Th	Jan 12-Mar 1	06:15 PM-07:00 PM	\$90/8	[22849]
Sa	Mar 3-Apr 21	11:25 AM-12:10 PM	\$79/7	[22858]
Tu	Mar 6-Apr 24	04:30 PM-05:15 PM	\$90/8	[22852]
Tu	Mar 6-Apr 24	05:25 PM-06:10 PM	\$90/8	[22853]
Th	Mar 8-Apr 26	04:30 PM-05:15 PM	\$90/8	[22854]
Th	Mar 8-Apr 26	05:25 PM-06:10 PM	\$90/8	[22856]
Th	Mar 8-Apr 26	06:15 PM-07:00 PM	\$90/8	[22857]

Cardel Sk8 2 Age: 6Y - 14Y

You've got your balance now let's get moving! Work on forward and backward gliding, forward snowplow stops and jumping while gliding. Prerequisite: Cardel Sk8 1 or equivalent.

Sa	Jan 7-Feb 25	11:25 AM-12:10 PM	\$90/8	[23221]
Sa	Jan 7-Feb 25	12:15 PM-01:00 PM	\$90/8	[23222]
Tu	Jan 10-Feb 28	04:30 PM-05:15 PM	\$90/8	[23217]
Tu	Jan 10-Feb 28	05:25 PM-06:10 PM	\$90/8	[23218]
Th	Jan 12-Mar 1	04:30 PM-05:15 PM	\$90/8	[23219]

Th	Jan 12-Mar 1	05:25 PM-06:10 PM	\$90/8	[23220]
Sa	Mar 3-Apr 21	11:25 AM-12:10 PM	\$79/7	[23226]
Sa	Mar 3-Apr 21	12:15 PM-01:00 PM	\$79/7	[23227]
Tu	Mar 6-Apr 24	04:30 PM-05:15 PM	\$90/8	[23223]
Tu	Mar 6-Apr 24	05:25 PM-06:10 PM	\$90/8	[23224]
Th	Mar 8-Apr 26	04:30 PM-05:15 PM	\$90/8	[23225]
Th	Mar 8-Apr 26	05:25 PM-06:10 PM	\$90/8	[23228]

Cardel Sk8 3 Age: 6Y - 14Y

Take the basics one step further. Learn one foot glides, circle thrusts, backward sculling and two foot right turns. Prerequisite: Cardel Sk8 2 or equivalent.

Sa	Jan 7-Feb 25	11:25 AM-12:10 PM	\$90/8	[23244]
Sa	Jan 7-Feb 25	12:15 PM-01:00 PM	\$90/8	[23245]
Th	Jan 12-Mar 1	05:25 PM-06:10 PM	\$90/8	[23242]
Th	Jan 12-Mar 1	06:15 PM-07:00 PM	\$90/8	[23243]
Sa	Mar 3-Apr 21	11:25 AM-12:10 PM	\$79/7	[23248]
Sa	Mar 3-Apr 21	12:15 PM-01:00 PM	\$79/7	[23249]
Th	Mar 8-Apr 26	05:25 PM-06:10 PM	\$90/8	[23246]
Th	Mar 8-Apr 26	06:15 PM-07:00 PM	\$90/8	[23247]

Cardel Sk8 4 Age: 6Y - 14Y

Learn one foot glides on a curve, walking crossovers, backward circle thrusts and two foot side stops. Prerequisite: Cardel Sk8 3 or equivalent.

Sa	Jan 7-Feb 25	11:25 AM-12:10 PM	\$90/8	[23254]
Tu	Jan 10-Feb 28	05:25 PM-06:10 PM	\$90/8	[23252]
Th	Jan 12-Mar 1	05:25 PM-06:10 PM	\$90/8	[23253]
Sa	Mar 3-Apr 21	11:25 AM-12:10 PM	\$79/7	[23257]
Tu	Mar 6-Apr 24	05:25 PM-06:10 PM	\$90/8	[23255]
Th	Mar 8-Apr 26	05:25 PM-06:10 PM	\$90/8	[23256]

Cardel Sk8 5 Age: 6Y - 14Y

Learn forward spiral, forward/backward crossovers, edges and turns. Prerequisite: Cardel Sk8 4 or equivalent.

Sa	Jan 7-Feb 25	12:15 PM-01:00 PM	\$90/8	[23261]
Tu	Jan 10-Feb 28	05:25 PM-06:10 PM	\$90/8	[23260]
Sa	Mar 3-Apr 21	12:15 PM-01:00 PM	\$79/7	[23263]
Tu	Mar 6-Apr 24	05:25 PM-06:10 PM	\$90/8	[23262]

Cardel Sk8 6/7 Age: 6Y - 14Y

Learn backward spiral, forward/backward crossovers with five consecutive sequences, mohawk, T-stop and backward edges. Pre-requisite: Level 5/6 or equivalent.

Tu	Jan 10-Feb 28	06:15 PM-07:00 PM	\$90/8	[23264]
Tu	Mar 6-Apr 24	06:15 PM-07:00 PM	\$90/8	[23265]

Power Skate Age: 7Y - 14Y

A recreation-based program focused on improving skating skill, agility and quickness. Improve stopping, crossover and turning techniques through fun activities and games. Prerequisite: Cardel SK8 3 or equivalent. This course is not hockey related.

Th	Jan 12-Mar 1	06:15 PM-07:00 PM	\$90/8	[22963]
Th	Mar 8-Apr 26	06:15 PM-07:00 PM	\$90/8	[22964]

dAdult

Cardel Adult SK8 - Beginner Age: 15Y - 99Y

Conquer your skating apprehension in this basic skating class. You'll learn to skate forward, backwards, stop, turn and fall properly.

Tu	Jan 10-Feb 28	06:15 PM-07:00 PM	\$96/8	[22843]
Tu	Mar 6-Apr 24	06:15 PM-07:00 PM	\$96/8	[22844]

Private Lessons

Cardel Skate - Private Lessons Age: 3Y and up

These classes are set for skaters of all levels in a one on one setting.

Sa	Jan 7-Feb 25	12:15 PM-12:45 PM	\$240/8	[22874]
Tu	Jan 10-Feb 28	06:15 PM-06:45 PM	\$240/8	[22872]
Th	Jan 12-Mar 1	06:15 PM-06:45 PM	\$240/8	[22873]
Sa	Mar 3-Apr 21	12:15 PM-12:45 PM	\$210/7	[22877]
Tu	Mar 6-Apr 24	06:15 PM-06:45 PM	\$240/8	[22875]
Th	Mar 8-Apr 26	06:15 PM-06:45 PM	\$240/8	[22876]